

Tafod Twrog

Rhif/No 65

April/Ebrill

May/Mai

June/Mehefin

2016



SAINT TWROG'S CHURCH
LLANDDAROG

Ficer/Vicar

Canon Bryan Witt B.D.

 01267 275504

Darllenydd Lleyg / Lay Reader

Mrs Jean Voyle Williams M.B.E., B.Ed.

 01267 275222

www.eglwysllanddarog.org / www.llanddarogchurch.org



The Vicarage, Llanddarog

Dear Friends

I am pleased to say with confidence that our Church is growing!! I say this from at least two perspectives. First we are growing numerically by the confirmation of nine people from St Twrog's Church. And this is important for us as a Church and for the confirmees as they grow in faith of the Lord Jesus Christ. For Angelica, Rhys, Gwenllian, Dafydd, Cindy, Hilary, Jayne, Suzanne and Moira their confirmation was the next part of their journey of faith. We as a Church are very much part of that journey as we welcome and support them in their lives as individuals and as a growing part of the Church. In this way we hope for a numerical growth.

However, even more important is for us all to grow spiritually. Surely our depth of understanding about the things of God must grow as we experience new challenges that the gospel lays before us. As I said to the adult confirmation candidates – "You do not understand and believe in the same way as you did in Sunday School, do you?" our growth in faith, belief and understanding comes about as we deal with the many and varied experiences of our daily lives. It is good that as a

living Church we can help one another in these challenging experiences, which of course helps us to grow along with those we support.

The growing season of our farms and gardens will soon be upon us. Sometimes we see sudden and rapid growth. At other times it may be a slower growth, almost without being noticed, but growth it is none the less.

The Trinity Season begins on May 22nd and during the period of this Tafod Twrog. The colour we use in the Trinity is green, the colour of growth; green grass, hedges, trees etc. By using the colour green we are being reminded of the season of growth. May we as a Church look upon the season of Trinity as a great opportunity to nurture our spiritual lives in order that we may all grow in the faith of Jesus Christ.

Our well attended Lenten services with Capel Newydd have been an opportunity to consider the impact of the Psalms on our lives and to grow our faith. Let us remember the words of the Psalmist as he encourages the people in their growth – "the righteous flourish like the palm tree, and grow like the cedar tree."

Every Blessing

Vicar Bryan

Y Ficerdy, Llanddarog
Annwyl Ffrindiau.

Rwy'n falch i ddweud gyda argyhoeddiad bod ein heglwys yn tyfu!!!. Rwyf yn dweud hyn o ddau berspectif. Yn gyntaf rydym yn tyfu yn ôl rhif oherwydd conffirmio naw person yn Eglwys Sant Twrog yn ddiweddar. Ac mae hyn yn bwysig i ni fel eglwys ac hefyd i'r rhai sydd wedi eu conffirmio wrth iddynt dyfu yn eu ffydd yn yr Arglwydd Iesu Grist. I Angelica, Rhys, Gwenllian, Dafydd, Cindy, Hilary, Jayne, Suzanne a Moira eu conffirmasiwn oedd y rhan nesaf o'u taith yn y ffydd gristnogol. Rydym ni fel eglwys yn rhan bwysig o'r daith hono wrth i ni eu croesawi a'u cynnal yn eu bywyd fel unigolion ac fel rhal sy'n tyfu yn yr eglwys. Felly fe fydd hyn yn arwain at dyfiant mewn rhif. Ond er hynny y tyfiant mwyaf pwysig i ni gyd yw tyfu yn ysbrydol. Heb amheuaeth mae'n rhaid i'n dealltwriaeth dwfn ni o bethau Duw dyfu, wrth i ni brofi heriau newydd y mae'r efengyl yn ei osod o'n blaenau. Fel y dywedais wrth yr oedolion yn y dosbarth Conffirmasiwn – “ Nid ydych yn deall a chredu yn yr un ffordd ag oeddech yn yr Ysgol Sul, ydych chi?” Mae ein tyfiant yn y ffydd, ein crêd a'n dealldwriaeth yn dod wrth i ni ddelio gyda'r amryw brofiadau a ddaw i'n rhan, yn ein bywyd dyddiol. Mae yn dda

ein bod fel Eglwys fyw yn gallu helpu ein gilydd i wynebu y profiadau heriol yma, sydd wrth gwrs yn ein helpu ni i dyfu gyda'r rhai yr ydym yn eu cynnal.

Mae y tymor o dyfiant yn ein ffermydd ac yn ein gerddi ar gyrraedd. Ambell waith rydym yn gweld tyfiant sydyn a chyflym ond ar amseroedd eraill mae'n araf, heb fawr o arwydd o dyfiant, ond tyfiant ydyw yn y pendraw.

Mae tymor Y Drindod yn dechrau ar Fai 22ain sydd yn ystod y rhifyn yma o Tafod Twrog. Y lliw yr ydym yn ei ddefnyddio i'r Drindod yw gwyrdd, lliw tyfiant; gwyrddni y gwair, perthi, coed ac yn y blaen. Wrth ddefnyddio y lliw gwyrdd rydym yn cael ein hatgoffa o dymor y tyfiant. Bydded i ni fel Eglwys edrych ar dymor y Drindod fel cyfle arbennig i feithrin ein bywyd ysbrydol er mwyn i ni dyfu yn ein ffydd yng Nghrist Iesu.

Mae ein myfyrdod Garawys gyda Chapel Newydd wedi bod yn llwyddiannus iawn gyda nifer da yn mynychu, ac wedi rhoi'r cyfle i ni ystyried effaith y Salmau ar ein bywyd, maent yn gymorth i dyfiant ein ffydd. Bydded i ni felly gofio geiriau y Salmydd wrth iddo annog y bobl yn eu tyfiant. “ Y cyfiawn a flodeua fel palmwydden: ac a gynydda fel cedrwydden”

Pob Bendith

Ficer Bryan

Editorial

You will see later in this edition an article in Welsh written by Chancellor Patrick Thomas in The St Davids Carmarthen Parish magazine about how much he and fellow members of the congregation enjoyed the Plygain held at St Twrog's this year. The food prepared by the ladies of the church had a special mention!

It was good to see so many friends and family supporting those who were confirmed on 6 March – nine from St Twrog's. It is so good to see our numbers grow in this way.

By the time this edition is published we will have celebrated Easter – a special time for all Christians. As children we think mainly of how many Easter eggs will

we be given, but as we grow older it becomes much more than that.

There is more news from Kosovo and from China - Miriam and Adam have been home on leave – you may have seen them when they came to church with Isobella.

I've put a couple of extra pages in this edition – one is a word search to keep your minds active (!) and the other is a page to colour to free your inner artist. Let me know how you get on.

Articles by e-mail or handwritten for the next edition by 5 June please. Thank you.

Margaret Rees, Ty'r Llain
reesmargaret@outlook.com
01267 275479

Blodau Allor ~ Altar Flowers

Mawrth/Ebrill March/April

27 & 3	Mrs A Liggins	The Acorns
10 & 17	Mrs M Little	20, Brynhyfryd
24 & 1 May	Mrs M Morris	29, Brynhyfryd

Mai/May

8 & 15	Mrs D Northwood	16, Cae Person
22 & 29	Mrs C Owen	Glas y Gors

Mehffin/June

5 & 12	Mrs M Phillips	Brynglas, Drefach
19 & 26	Mrs M Phillips	Lodge Farm

HAPUSRWYDD A THRISTWCH

JOYS AND SORROWS

Bedydd/Baptism

- 11.10.15 Aron Lewis, Rhydyfro, Porthyrhyd
20.12.15 Sara Moreton, 15 Heol Rhos y Bonwen, Cefneithin
2.3.16 Angelica Coles, White Hart, Llanddarog
2.3.16 Jessica Coles, White Hart, Llanddarog
2.3.16 Tallulah Coles, White Hart, Llanddarog

Priodas/Marriage

Yn y cwarter diwethaf ni fuodd yna briodas / No marriages were held in the church in the last quarter.

Angladd/Funeral

- 05.02.16 Barbara Jean Rees, Cartref Annwyllfan, Betws, Ammanford (late of Erw Lôn, Llanddarog), widow of the late Revd. J. Harold Rees

Cofiw'n yn gariadus am bawb a fu farw yn ddiweddar; ac am bawb y mae tymor eu coffhad yn syrthio yr adeg hon o'r flwyddyn. Bydded i'r ffyddloniaid ymadawedig orffwys mewn hedd a chyfodi mewn gogoniant. / We remember with love all those who have died recently and those whose anniversaries fall at this time of the year. May the faithful departed rest in peace and rise in glory.

Cleifion/The Sick

Gweddiwch dros bawb sy'n glaf mewn ysbryd corff neu feddwl, gartref neu mewn ysbyty. / Please pray for the sick in body, mind or spirit including Wilma Beynon, John Ellis, Selwyn Evans, Angela Knott, Keith Knott, Mona Fitzgerald, Anne Parry, Samantha Williams, Alex Wills and Jean Smith. Please inform the wardens if someone falls ill or is in hospital. Home communion can be arranged.

Longyfarchiadau/Congratulations

Congratulations to those who had special birthdays this past quarter (we found you out!) – Peggy Hamer who was 90; 70th birthdays for Evelyn Evans, Yvonne Lewis and Margaret Morris; Myfanwy Rees who was 60; and Helen Beynon who was 50. And special congratulations to Auriol Howells who will be 90 on 2 April.

Diolch/Thanks

Just to say thank you

To Jean and Huw for everything that they have done for my mother and myself over the years – and especially this final stage of my mother’s life.

Huw who did her weekly shopping while she was still in Llanddarog – visits to the vets with poor Molly – not to mention their frequent visits to Cartref in Betws. I really don’t know what I would have done without them – I am so indebted to both.

Also to express my appreciation for dealing with all the funeral preparations – which would have been so difficult for me so far away.

They are family to me, and my children, and I will never forget their kindness and consideration towards us. Diolch yn fawr iawn

With love from Mercia and family.

Our sincere thanks ...

To all those who came to Jean Rees’s funeral on 4th February. We appreciated your presence with us during this difficult time. And your condolences helped us to get through this sad day.

Many thanks to you all from Llanddarog and Llanarthne and elsewhere and also to those who sent cards and gave doations to the Alzeihmer’s Association. Thanks to the Mothers’ Union of Llanddarog Church for the lovely flowers that were placed on the Altar.

*Kind regards to you all
Mercia, Patrick and Coralie.*

Mrs Barbara Jean Rees (late of Erw Lon, Llanddarog)

On February 4th the funeral service of Mrs Jean Rees was held at St Twrog’s Church. The connection with our church goes back to 1966 when the Revd John Harold Rees became vicar of the Parishes of Llanddarog and Llanarthne.

Mrs Rees was a devoted and a faithful vicar’s wife and supported Vicar Rees throughout his time in the ministry. She attended all the services at both Llanddarog and Llanarthne Churches every Sunday. She ably led the Mother’s Union and was the Enrolling member of the St Twrog’s branch for 17 years. She was still a member of the Mothers Union and had been for 70 years. She accompanied Vicar Rees to visit the sick and was a source of strength to many families in difficult times. Personally I am indebted to both Vicar Rees and Mrs Rees, as it was both of them that encouraged me to

become a lay reader, and she always boosted my confidence by being so patient and understanding when listening to my very inferior sermons in those early days. Some might say that my sermons are just as inferior 34 years later.

However not only did she carry out her duties as a Vicar's wife with dignity but she also had her own career as Practice Manager with Dr Hopkins, Dr Michael Jones, Dr Goronwy, Dr Gareth and Dr Davies. She was the Queen of the surgery and always carried out her duties in a very professional manner.

After retiring she looked after Vicar Rees in his failing health until he died, and indeed she devoted all her time to his care.

After his death she returned to attending church every Sunday and she had such deep faith that remained with her to the very end. It was Thomas Aquinas that said "To one who has faith, no explanation is necessary. To one without faith no explanation is possible". As a Church we are greatly indebted to her for the gift of a stained glass window in memory of The Revd John Harold Rees, which is the sanctuary window and people admire on their visits to church.

Sadly she had to give up her home in 2012 and was a resident at Cartref Annwyl Fan, Betws until her death on the 23rd January 2016. Even though she was 92 years of age and not in the best of health, she is still missed, but thanks for the reassurance "To live in hearts we leave behind is not to die". For a number of us at St Twrog's Mrs Jean Rees's passing is the end of an era as so many of us grew in our faith with both the Revd Harold Rees and Mrs Jean Rees. He baptised and confirmed so many, married a large number of us and they both touched our hearts. The seeds that they sowed during their time with us have certainly produced fruit.

We sympathise with Mercia, Patrick, Coralie and all the family and we thank God for the life of Barbara Jean Rees. May she rest in peace and rise in glory.

Jean Voyle Williams

"We gain strength, and courage, and confidence by each experience in which we really stop to look fear in the face...we must do that which we think we cannot."

- Eleanor Roosevelt, (1884-1962)

Conffyrmasiwn 2016 Confirmation

A confirmation service was held in Llanddarog Church on Sunday, 6 March with Bishop Wyn, the Bishop of St Davids. Sixteen parishioners were confirmed from Llanddarog and Llangunnor Churches:

From Llanddarog Church: Angelica Coles; Rhys Griffiths; Hilary Harries; Cindy Hunt; Dafydd Owen; Gwenllian Owen; Moira Powell; Suzanne Powell and Jayne Roberts.

From Llangunnor Church: Ellie Davies; Helen Griffiths; Mary Griffiths; Madison John; Margaret Roberts; Bethan Rocke; Elen Williams

Communicants were accompanied by friends and family and it was good to see so many in St Twrog's that day to support them. The service was followed by tea and Welsh cakes.



"Our lives begin to end the day we become silent about things that matter."

- Martin Luther King

WORDSEARCH

See how many of the words below you can find in this heart – they could be spelt horizontally, vertically, diagonally or even backwards

Creation

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      D R
      X A
      R D
    W M Y   B F   M A N
  D A G P P A R A D I S E
G M A M O X M P T R E E S S
U G A R D E N F B M C G J T
K A L W O M A N B I R D S A
P N N M D M C L W Y Q Q M R
H I T A E D J J S E E D S S
G M I V I J A H A A V J R U
S A Y L V C R E A T E S H N
  L H E R B S F I S H K B
  S D A Y S M E A R T H T
    A R J K M I S T W D
    S E H Y F R U I T O
      S E D E N G P K
        T Y A D A M A E
          M O O N
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Adam	Garden	Stars
Animals	Herbs	Sun
Birds	Man	Trees
Create	Mist	Woman
Days	Moon	
Earth	Paradise	
Eden	Rest	
Eve	Rib	
Fish	Seeds	
Fruit	Sky	

**Oddi wrth Plwyf Dewi Sant Cerfyrddin – Eglwys Crist Mawrth 2016 Papur
y Plwyf**

***Ficer: Chancellor Patrick Thomas MA, PhD
Plygeinio yn Llanddarog***

Cawsom gyfarfod ffeiradon un bore cyn y Nadolig ym Mhantri Blakeman (gallaf gymeradwyo 'Brecwast y Brenin' – llond plat o fwyd blasus). Dwedodd Canon Bryan Witt fod Plygain ymlaen yn Llanddarog ar adeg yr Ystwyll. Gan fod gennym gôr Plygain brwdfrydig a charol benigamp gan y Canon Haydn Rowlands, gofynnais a fyddai'n dderbyniol i ni ymuno â nhw. Cefais ateb cadarnhaol – a felly bant â ni ar nos Sul y 10fed o Ionawr i ymuno yn yr hwyl.

Mae dyn yn dechrau danto weithiau wrth feddwl am agwedd llugoer neu negyddol rhai o'n pwysigion eglwysig tuag at iaith y Nefoedd. Calondid neilltuol felly oedd gweld yr eglwys yn llawn o Gymry - a'r iaith ar wefusau pawb. Roedd fframwaith y gwasanaeth wedi llunio'n gelfydd gydag elfennau o'r Hwyl Weddi. Da oedd dechrau gydag emyn Rhys Prichard (fy rhagflaenydd fel Canghellor Eglwys Gadeiriol Tyddewi) 'Awn i Fethlem' – er, rwy'n gorfod cyfaddef, mae'n well gen i'r dôn sydd gan Mrs Sheila Jones pan rydym yn cael 'Carolau a Chymun' yn ein cynulleidfa Gymraeg, na'r un oedd yn Llanddarog.

Cawsom addasiad o gerdd Nadolig y Brawd Madog ap Gwallter fel y cantigl. Death atgof yn ôl i mi o'r Hybarch Meurig Llwyd a minnau yn mynd o flaen yr Esgobion yng Nghaerdydd ers lawer dydd i ddadlau dros gynnwys eitemau Cymraeg gwreiddiol (a cherdd y Brawd Madog yn eu plith) yn y Llyfr Gweddi – yn lle bod y cyfan yn gyfieithiad o'r Saesneg. Derbyniwyd y ddadl, a'r cantigl oedd rhan o ffrwyth ein hymdrech.

Doedd ein cyfraniad at y Plygain ddim cweit mor gaboledig â rhai o'r cyfraniadau eraill efallai – ond doedd dim ots am hynny: gwasanaeth nid cyngerdd yw'r Plygain a dyw cystadlu ddim yn rhan o'r drefn. Cefais flas ar rai o'r carolau Plygain traddodiadol. Gwinllan fy hynafiaid yw ardal y Plygain yng Nghanolbarth Cymru, ac, yn ôl fy nhad, un o'r hynafiaid hynny oedd Huw Morys, 'Eos Ceiriog', lluniwr rhai o garolau Plygain gorau'r ail ganrif ar bymtheg.

Cymuned groesawgar Cymreigaidd hael sydd i'w chael o hyd yn Llanddarog ac oedd gwledd wirioneddol yn aros amdanom ar ôl i'r dynion (a minnau yn eu plith) ganu 'Carol y Super'.

Diolch o galon i Eglwyswyr serchog Llanddarog am godi ein calonau mewn ffordd mor arbenning.

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DYDDIADAU AR GYFER Y DYDDIADUR / DATES FOR YOUR DIARY

(am fanylion am batrwm misol y gwasanaethau, gwelwch y dudalen olaf)
(for details of the monthly pattern of services, please see the back page)

Ebrill/April

3 Dydd Sul/ Sunday Pasg 2/Easter 2

9.30am Cymun Bendigaid (*Cymraeg*)

5.00pm Evensong (*English*)

5 Dydd Mawrth/ Tuesday

10.00am Boreol Weddi/ Morning Prayer (*Bilingual*)

10.30am Paned a Chlonc (*ar gyfer rhai sydd am ddysgu Cymraeg*)

10 Sul / Sunday Pasg 3/ Easter 3

11.00am Boreol Weddi (*Cymraeg*)

5.00pm Holy Communion (*English*)

5.45pm Easter Vestry (*all St Twrog's Church members welcome*)

14 Dydd Iau/ Thursday

7.00pm Undeb y Mamau/ Mothers' Union

Mrs Elizabeth Wills Family History

16 Dydd Sadwrn/ Saturday

11.00-12.30 Gweithgareddau Clwb Iau / Clwb Iau Activities

17 Sul/ Sunday Pasg 4/ Easter 4

9.30am Holy Communion (*English*)

2.30pm Gwasanaeth y Teulu a Bedydd/ Family Service and Baptism

19 Dydd Mawrth / Tuesday

10.00am Boreol Weddi /Morning Prayer (*Bilingual*)

10.30am Paned a Chlonc (*ar gyfer rhai sydd am ddysgu Cymraeg*)

24 Sul/ Sunday Pasg 5/ Easter 5

9.30am Cymun Bendigaid (*Cymraeg*)

11.00am Holy Communion (*English*)

Dim gwasanaeth yn yr hwyr/ No evening service

Mai/ May

1 Sul/ Sunday Pasg 6 Sul y Gweddiau / Easter 6 Prayer Sunday

9.30am Cymun Bendigaid (*Cymraeg*)

5.00pm Evensong (*English*)

Mai/ May

3 Dydd Mawrth / Tuesday

10.00am Boreol Weddi / Morning Prayer (*Bilingual*)

10.30am Paned a Chlonc (*ar gyfer rhai sydd am ddysgu Cymraeg*)

5 Dydd Iau y Dyrchafael/ Ascension Thursday

7.00pm Cymun Bendigaid/ Holy Communion (*Bilingual*)

7 Dydd Sadwrn / Saturday

Gwibdaith i Henffordd/ Trip to Hereford

8 Sul/ Sunday Sul ar ol Y Dyrchafael / Sunday after Ascension

11.00am Boreol Weddi (*Cymraeg*)

5.00pm Holy Communion (*English*)

14 Dydd Sadwrn/ Saturday

Ymweliad Clwb Iau i Fferm Folly/ Clwb Iau Visit to Folly Farm.

15 Dydd Sul Y Sulgwyn/ Sunday Pentecost

9.30am Cymun Bendigaid (*Dwyieithog*) Holy Communion (*Bilingual*)

Dim gwasanaeth yn y prynhawn/ No service in the afternoon

16 Dydd Llun/ Monday

7.00pm Gwasanaeth Cymorth Cristnogol CYTUN (*Dwyieithog*) yng Nghapel Newydd/ CYTUN Christian Aid Service (*Bilingual*) at Capel Newydd Llanddarog.

17 Dydd Mawrth / Tuesday

1000am Boreol Weddi / Morning Prayer (*Bilingual*)

10.30am Paned a Chlonc (*ar gyfer rhai sydd yn dysgu Cymraeg*)

22 Dydd Sul / Sunday Sul Y Drindod/ Trinity Sunday

9.30am Cymun Bendigaid (*Cymraeg*)

11.00am Holy Communion (*English*)

Dim gwasanaeth yn yr hwyr/ No evening service

29 Dydd Sul/ Sunday Drindod 1/Trinity 1

10.00am Cymun Bendigaid (*Dwyieithog*) Gwasanaeth Ardal Gweinidogaethol Llannau Tywi yn Eglwys Santes Anne Cwmffrwd

Holy Communion (*Bilingual*) Llannau Tywi Ministry Area Service at St Anne's Cwmffrwd.

Dim gwasanaeth yn yr hwyr / No evening service.

Mehefin/ June

5 Dydd Sul/ Sunday Drindod 2/ Trinity 2

9.30am Cymun Bendigaid (*Cymraeg*)

5.00pm Evensong (*English*)

7 Dydd Mawrth/ Tuesday

10.00am Cymun Bendigaid (*Bilingual*)

10.30am Paned a Chlonc (*ar gyfer rhai sydd yn dysgu Cymraeg*)

9 Dydd Iau/ Thursday

7.00pm Undeb y Mamau/ Mothers' Union – Hawl i holi / Brains Trust

11 Dydd Sadwrn/ Saturday

11.00 – 12.30 Gweithgareddau Clwb Iau/ Clwb Iau Activities

12 Dydd Sul / Sunday Drindod 3/ Trinity 3

2.00pm Gwasanaeth y Gymuned/ Community Service

Dim gwasanaeth arall yn ystod y dydd/ No other service during the day

19 Dydd Sul/ Sunday Drindod 4/ Trinity 4

9.30am Holy Communion (*English*)

2.30pm Gwasanaeth arbennig yn yr Ardd Fotaneg/ Special Service in the Botanic Garden

21 Dydd Mawrth / Tuesday

10.00am Boreol Weddi / Morning Prayer (*Bilingual*)

10.30am Paned a Chlonc (*ar gyfer rhai sydd yn dysgu Cymraeg*)

26 Dydd Sul/ Sunday Drindod 5/ Trinity 5

9.30am Cymun Bendigaid (*Cymraeg*)

11.00am Holy Communion (*English*)

Dim gwasanaeth yn yr hwyr/ No evening service.

Open Garden Ty'r Llain

We will be holding the Open Garden at Ty'r Llain on Saturday 2 July. All are very welcome. There will be a brick-a-brac stall, book sale, plant sale and again we will be selling tickets for the curry nights we will be hosting during the summer and early Autumn. But perhaps more important, Peter will be there to give you a guided tour of the garden and come and join us for a cup of tea or a coffee with a cream scone.

Margaret and Peter Rees

Rhestr y Darllenwyr / Readers Schedule			
Dyddiad / Date	Gwasanaethau / Services	Darllenwyr / Readers	Sides - persons
Ebrill 3 April	Pasg 2/Easter 2 9.30 am Cymun Bendigaid	Dafydd Owen Rhys Griffiths <i>(Taflen y Cymun)</i>	Mr Geoff Quick Miss Vilna Thomas
	5.00 pm Evensong	Mrs Margaret Rees (Brynhyfryd) <i>Isaiah 53¹⁻¹²</i> Mrs Barbara Quick <i>Luke 24¹³⁻³⁵</i>	
Ebrill 10 April	Pasg 3/ Easter 3 11.00 am Boreol Weddi	Mrs Iris Davies <i>Eseia 38⁹⁻²⁰</i> Mrs Mair Rees <i>Ioan 11²⁷⁻⁴⁴</i>	Mr Elfryn Williams Mr Allan Davies
	5.00 pm Holy Communion	Mrs Marion Little <i>(Communion Sheet)</i>	
Ebrill 17 April	Pasg 4/ Easter 4 9.30 am Holy Communion	Mr John Evans <i>(Communion Sheet)</i>	Wardens
	2.30pm Gwasanaeth y Teulu a Bedydd/ Family Service and Baptism		
Ebrill 24 April	Pasg 5/ Easter 5 9.30 am Cymun Bendigaid	Miss Vilna Thomas <i>(Taflen y Cymun)</i>	Mrs Margaret Rees Mr John Rees
	11.00 am Holy Communion	Mrs Elizabeth Wills <i>(Communion Sheet)</i>	
Dim Gwasanaeth yn yr Hwyr / No Evening Service			

Rhestr y Darllenwyr / Readers Schedule			
Dyddiad / Date	Gwasanaethau / Services	Darllenwyr / Readers	Sides - persons
Mai 1 May	Pasg 6/ Easter 6 Sul y Gweddiau		
	9.30 am Cymun Bendigaid	Mrs Myfanwy Rees <i>(Taflen y Cymun)</i>	Mr Hugh Phillips Mrs Elizabeth Wills
	5.00 pm Evensong	Mrs Andrea Liggins <i>Zephaniah 3¹⁴⁻²⁰</i> Mrs Lucinda Thomlin <i>Matthew 28^{1-10, 16-20}</i>	
Mai 8 May	Sul ar ol Y Dyrchafael / Sunday after Ascension		
	11.00 am Boreol Weddi	Mrs Julie Griffiths <i>Eseia 44¹⁻⁸</i> Mrs Carol Owen <i>Effesiaid 4⁷⁻¹⁶</i>	Mrs Doreen Rees Mrs Kim Davies
	5.00 pm Holy Communion	Mrs Daphne Evans <i>(Communion Sheet)</i>	
Mai 15 May	Pentecost		
	9.30 am Holy Communion	Mrs Ann Davies <i>(Communion Sheet)</i>	Wardens
	2.30 pm Gwasanaeth Arbenning yn yr Ardd Fotaneg Special Service in the Botanic Garden		
Mai 22 May	Sul Y Drindod/ Trinity Sunday		
	9.30 am Cymun Bendigaid	Mrs Kim Davies <i>(Taflen y Cymun)</i>	Mrs Barbara Quick Mr Idris Daniels
	11.00 am Holy Communion	Mrs Rosemary Tilley <i>(Communion Sheet)</i>	

Rhestr y Darllenwyr / Readers Schedule			
Dyddiad / Date	Gwasanaethau / Services	Darllenwyr / Readers	Sides - persons
Mai 29 May	Drindod 1/Trinity 1 10am Gwasanaeth Ardal Gweinidogaethol Llannau Tywi yn Eglwys Sant Anne Cwmffrwd Llannau Tywi Ministry Area Service at St Anne's Cwmffrwd.		
Mehedin 5 June	Drindod 2/ Trinity 2 9.30 am Cymun Bendigaid 5.00 pm Evensong	Mrs Gwenda Evans <i>(Taflen y Cymun)</i> Mrs Kate Jones <i>1 King 17⁸⁻¹⁶</i> Mr Gordon Mason <i>Luke 7¹¹⁻¹⁷</i>	Wardens
Mehedin 12 June	Drindod 3/ Trinity 3 2.00pm Gwasanaeth y Gymuned / Community Service Dim gwasanaeth arall yn ystod y dydd/ No other service during the day		
Mehedin 19 June	Drindod 4/ Trinity 4 9.30am Holy Communion	Mrs Yvonne Lewis <i>(Communion Sheet)</i>	Mr Allan Gibbard Mrs Pam Roper
	2.30 pm Gwasanaeth Arbenning yn yr Ardd Fotaneg Special Service in the Botanic Garden		
Mehedin 26 June	Drindod 5/ Trinity 5 9.30am Cymun Bendigaid 11.00a.m Holy Communion	Mrs Eluned James <i>(Taflen y Cymun)</i> Mrs Jenny Youens <i>(Communion Sheet)</i>	Mrs Marian Daniels Mr Gordon Mason
	Dim gwasanaeth yn yr hwyr/ No evening service.		

Mothers' Union ~ Undeb y Mamau

This year's annual dinner in January was a carvery, enjoyed by members and friends, at The Bridge, Llangennech.

In February Rev. Mary Thorley spoke to us about "The Ladies of the Parish". Looking through Carmarthen archives she noticed that extremely few women had a mention in the reports, or if they were it was as the wife of Mr Somebody. This included the lady who gave the money for the building of Heol Awst. Her favourite character was Effie Spurrel who instigated many good works, buying what is now 17, Spillman Street, employing a matron and sending people out to bring back the homeless and needy, providing a refuge. There were many such women working quietly in the back ground with no acknowledgement.

At the Deanery meeting on the 5th we heard that instead of the planned Diocesan Festival this year, there would be Archdiaconal events coordinated by the Vice Presidents to celebrate the MU's 140th birthday.

Several members attended the Wave of prayer led by Jean in church on the 24th February.

Canon Patrick Thomas returned to us in March. As the Guardian of the

Shrine in the cathedral, he talked about St David's shrine there which was restored in 2012. He gave us the history saying that shrines were places of pilgrimage and as well as bones would contain more important things, a bell and the Gospel book in the case of St. David. With the coming of the Vikings it is unlikely that St. David's bones survived. The Normans, who wanted bones for a shrine bought those of Caradoc. Then the Prior of Ewenny had a dream that St. David was buried outside the Priory door and exchanged the bones for some land and a shrine was built. In 1866 during repairs to the Cathedral some bones were found buried behind the altar. Kept safe they did not reappear until 1920 when Welsh cathedrals were dis-endowed so Dean William Williams put them on show. Carbon dating has proved they cannot be St. David's. The figures of St. Patrick, St. David and St. Andrew are on the shrine with St. Non on the back. He is known for saying, "Be joyful, keep to your faith and belief and do the little things".

Ten members confirmed they would be going to the Quiet Afternoon in Llanllwch on 14th.

Dates for your diary.

Thursday 14th April

A Family History - Elizabeth Wills

Hostesses:

Gill Lewis & Margaret Morris

Saturday 7th May

Trip to Hereford

Thursday 9th June

Brains Trust

Hostesses:

Jean Jackson & Kate Jones

Saturday 18th June

Council Meeting, Crundale Village Hall, Haverfordwest. 10.30 till 3pm. MU Matters and 140th celebration party.

Meetings are on the 2nd Thursday of the month at 7pm in church, unless stated otherwise. New members always welcome, enquiries to Jean Voyle Williams. 01267 275222

Barbara Quick

HOME FROM CHINA

My husband Adam and I have been living in China for 6 years and now we have our two year old daughter with us, Isobella. We love our life there. We live in a huge sprawling city that is alive with noise and activity day and night. We teach children and enjoy the connection that our work gives us not just with local community but with other young families, just like ours. Despite loving China, there is a part of me that always misses Wales, the place that I grew up and from where all my childhood stem. During our recent trip home the beauty of Wales has struck me again and I am drawn to my favourite places, the most treasured of which is Llanstephan Castle.

Whilst enjoying the natural beauty at such spots as Llanstephan, it was hard to bring our home in China into my mind's eye, so far apart are they in their difference. I wondered then, how it was possible to love two places, both Wales and China so whole heartedly. Of course the answer is that both contain people we love. One person we love to visit most of all is my Nanna, who lives in Llanddarog village and we know that the people of St.Twrog's Church pray for us regularly. Thank you so much for remembering us and making our visit that bit more special.

We return to China on the 14th March and are looking forward to being back with children we teach and the friends that we have met once again. Please pray for the work we are doing in China as we know you have been doing for the past 6 years.

Miriam

Update from Kosovo

It is nearly two years since our daughter Helena, husband Andy and their sons Jacob and Samuel moved to Kosovo. Their intention was to serve God in whatever way He chose, but we think they have been a little surprised by the direction in which they have been sent, & the speed with which it has happened.

Helena, a doctor, thought that for a few years her main tasks would be raising the children and learning the language. As well as 'sitting in' with local doctors, she is already holding training sessions in Albanian on palliative care, for local medical professionals, and is translating a training manual for them. She only has a few at each session because of working patterns, and sometimes repeats the same one several times. There is very little provision in this field over there, with no hospices and little home nursing. Some of those nurses were funded by a charity, which has recently withdrawn them because of lack of finance. However few attend, Helena feels that anything she can pass on must be of benefit.

Andy has been more surprised by his calling. An engineer by training, he has been teaching English to small groups since September. It seems that lots of people are keen to learn, but very few are prepared to work at it, and the dropout rate is high. There are few who progress to the second module.

Although the local secondary school was given some laptop computers a few years ago, no one knew how to use them. One of the missionary team has recently been holding classes in the school to train the teachers, starting with such basics as right and left click. Recently Andy has also started a Young Innovators club, in which he hopes to pass on some desperately needed maths and physics skills. Kosovo is badly in need of engineers and scientists to help the nation's development, but there is little provision in schools. Students have been attracted to the club by the idea of being able to build a robot. Andy has bought several Raspberry Pi computers (a very small, basic and cheap machine), along with mountains of leads and connections, and was able to find some monitors (screens) locally, & was fortunate that the cost of these was met by his home church in Derby. As well as teaching himself how to use the Raspberry Pi, he has managed to build a prototype robot out of Lego, controlled by the computer, which he demonstrated at an 'open day'. A number have signed up to the club, how many stay remains to be seen.

We're due to visit them at the end of April so we will be able to see for ourselves, rather than relying on "Skype" and email updates, the progress that is being made.

Rob & Kate Jones

Clwb Iau News

Christmas seems a long time ago but for the first time this year we held a Clwb Iau Christmas Party. It was well attended and we had a great time with party games, lots of prizes, music and a very tasty tea! We were grateful for the support of our vicar and Mrs Heather Witt and we were very pleased to welcome our newest member Griff who was just two weeks old!

In February we enjoyed the Candlemas story of Simeon and Anna and the day when baby Jesus was presented at the temple by his parents, Joseph and Mary. Some members of Clwb Iau brought pictures of themselves as babies and we made a collage of the scene in the temple which you can see in Church.

We are extremely proud of Rhys, Gwenllian, Dafydd and Angelica who were confirmed and Jessica, Angelica and Tallulah who were christened recently.

Unfortunately our annual visit to Folly Farm had to be postponed due to low numbers and a poor weather forecast. However we have plenty of activities planned for the future! Our programme is as follows:

Good Friday 25 March, 2 -3 pm,
Stations of the Cross in the Botanic Garden

Easter Egg Hunt to follow the Easter Sunday Service on 27 March at 11am

Saturday 16 April – Clwb Iau activities following the story of Noah

Sunday 17 April – Family Service and Christening at 2.30pm

Saturday 7 May – Visit to Hereford Cathedral and city centre

Saturday 14 May – Visit to Folly Farm (Meet at the entrance at 10.45am – Clwb Iau members will be paid for from our funds)

Saturday 11 June – Clwb Iau activities following the story of Joseph and his amazing coat of many colours

Thursday 7 July at 6pm – Clwb Iau Sports and Barbecue at Cysgod y Llan by kind invitation of Mr and Mrs Huw Voyle Williams and Auriol

We hope to see you at some or all of these events! Please tell your friends about Clwb Iau we are always ready to welcome new members.

Daphne Evans

Newyddion Ysgol Llanddarog

Cynhaliwyd yr eisteddfod ysgol flynyddol i ddathlu Dydd Gŵyl Ddewi yn y neuadd bentre yng nghwmni'r beirniad anrhydeddus Mrs Angela Skym a rhai o'r Llywodraethwyr. Capteiniaid y timau oedd Gruffydd Rhys a Chloe Pearce Jones – Arthne; Lewis Rice a Gwenllian Owen–Cyndeyrn; a Berian Williams a Gareth Jones – Darog a rhaid eu llongyfarch am fod mor drefnus wrth baratoi eu timau. Roedd yn amlwg fod pob plentyn o'r meithrin i'r dosbarth hynaf wrth eu bodd. Cafwyd diwrnod pleserus a hwylus wrth i'r disgyblion gystadlu ar amrywiaeth o gystadlaethau oedd yn cynnwys sgets, llefaru, dawnsio disgo, gêm dan gyfarwyddid yn ogystal â gwaith a baratowyd eisioes yn y dosbarth. Llongyfarchiadau i Gruffydd Rhys ar ennill y Gadair am ysgrifennu dyddiadur ar y testun 'Ar Ben Fy Nigon.' Darn prawf y côr oedd 'Gwnewch y Pethau Bychain,' ac yn fuddugol oedd Cyndeyrn dan arweiniad Gwenllian Owen. Wedi diwrnod pleserus, llawn hwyl a sbri, cyhoeddwyd Arthne yn fuddugol.

Llongyfarchiadau i'r plant a fu'n cystadlu yn Eisteddfod Gylch Mynydd Mawr yn ddiweddar. Llongyfarchiadau i Cari Wyn

Seymour ar ennill yr Unawd i Fl. 2 a Anest Voyle ar ennill y Llefaru i Fl. 3 a 4. Bydd y ddwy, ynghyd â'r Côr, yn mynd ymlaen i gynrychioli'r ysgol a'r cylch yn Eisteddfod Rhanbarthol yr Urdd ar ddiwedd y mis yn Ysgol Griffith Jones San Clêr.

Llongyfarchiadau hefyd i Gwenno Evans a ddaeth yn ail ar y Llefaru i Flwyddyn 3 a 4. Dymunwn yn dda i bawb ar ddiwedd y mis.

Fel rhan o'u gwaith Addysg Grefyddol ymwelodd disgyblion yr Adran Iau â'r Eglwys yn ddiweddar. Cawsant brynhawn diddorol iawn yng nghwmni Miss Vilna Thomas a roddodd ychydig o hanes yr Eglwys a Sant Twrog iddynt cyn eu tywys o gwmpas yn egluro arwyddocâd y gwahanol rannau a'r elfennau. Fel rhan o waith thema'r Cyfnod Sylfaen buont ar ymweliad â Chastell Coch a chymryd rhan mewn gweithgareddau amrywiol oedd yn eu dysgu am fywyd y Canoloesoedd. Maent bellach yn edrych ymlaen yn eiddgar at gynnal gwledd Canoloesol yn yr ysgol cyn diwedd y tymor hwn.

Marian Evans

CALENDR YR ARDAL

Bowlio Dan Do Llanddarog Indoor Bowls

Practice on Thursdays in the village hall from 7 to 9 pm in school term time. League games are played on Tuesdays. New members welcome. Enquiries to Lewis Jones 275593.

Clwb Cinio/Luncheon Club

Last Tuesday in the month. Yn fisol ar y dydd Mawrth olaf. 1pm Prince of Wales, Porthyrhyd.

Porthyrhyd & Llanddarog Pensioners Society:-

Our first meeting of 2016 began with our speaker Mrs. Heather Witt explaining the successful search for a missing sister. This proved to be a fascinating journey told with honesty and a great deal of humour which everyone enjoyed.

February continued the high standard set when Mr. Chris Delaney a past Chief Curator of Carmarthen Museums and Galleries related the story of The Welsh Fasting Girl-Sarah Jacobs. Sarah, born in Pencader, had a short life dying when just 12 years old but her story and the period in which she lived were vividly brought to life in a new perspective.

On 18th. February a trip to Cardiff included an evening with Anton Dubek. The music, costumes and dancing were a pure delight. This trip was part funded by the National

ROUND AND ABOUT

Lottery Awards for All as will the trip scheduled for 17th March when members will visit Parc y Scarlets for a tour and lunch followed by shopping at Trostre.

The March meeting was on the 8th. as we were joined by Llanddarog Church School children to celebrate St. Davids' Day, with Mrs Meinir Jones. Much enjoyed by all.

Our forthcoming meetings are:-

April 5th

Nordic Walking at Neuadd Fach.

May 3rd - Meeting

Wednesday May 18th

A trip on the Forest of Dean Steam Railway.

June 7th

Aberaeron and the Kite Feeding Station at Bwlch Yr Arian.

New members are always welcome (we have gained 6 after only two meetings) and form quite a large group. Meetings are held at Neuadd Fach, Porthyrhyd on the first Tuesday of the month unless a otherwise stated and begin at 2pm. Enquiries to Marion Little 01267 275507.

Knit and Natter

Our meetings, which are held in the afternoons of the first and third Thursday each month, continue to be most productive and immense fun.

We take turns on a rota basis to act as 'host' and share ideas, materials and any practical help where required. Our last project was to make various knitted garments at the request of the Carmarthen Youth Opera for their production of Whistle Down the Wind. We were delighted to be offered six complimentary tickets together with a mention in the programme.

We are currently making hats etc for the premature baby units at Singleton and Bridgend hospitals, a truly worthwhile project, whilst also thinking ahead to the next Christmas Fayre!

New members are very welcome whether you knit, crochet or have other craft skills. For more details, please contact Margaret Rees on 275479. Don't worry, if you need a lift, we can usually fit one or two more in!

Merched y Wawr

Y Diffibriliwr (hawdd mynd ato)

Mae'n bleser gennym gyhoeddi bod y diffibriliwr a brynwyd gennym wedi ei osod ar wal allanol Neuadd Y Pentref.

Cydnabyddwn yn ddiolchgar y grantiau a gawsom gan -

- a. Sefydliad Prydeinig Y Galon
- b. Cronfa'r Loteri Fawr

The Easy Access Defibrillator

We announce with pleasure that the defibrillator we purchased has been

placed on an outer wall of the village hall.

We acknowledge thankfully the grants received from -

- a. The British Heart Foundation, and
- b. The Big Lottery Fund.

20.4.16 Ymweld â Chastell y Strade

18.5.16 Cyfarfod Blynyddol

19.6.16 Y Daith Flynyddol

Cysylltwch â Mair 275271 neu Gwenda 275207

Neuadd y Pentre Llanddarog Village Hall

Addas ar gyfer pob math o weithgareddau yn y Brif Neuadd, cegin hwylus, ystafell gefn ar gyfer gweithgareddau llai o faint maes parcio eang.

Looking for a place to hold an event, then Llanddarog Village Hall is the place with a main hall, a committee room, a spacious kitchen and a large car park.

Cysylltwch/Contact: Vilna Thomas 275372

Paned a Chlonc

Every other Tuesday, following the usual 10 o'clock morning prayer service we meet in the community area of the church at 10.30 to share coffee and chat so that Welsh learners have an opportunity to practise their Welsh. All are welcome.

Porthyrhyd, Y Neuadd Fach

Weekly Events

Y Neuadd Fach holds a number of different weekly events to cater for all ages.

Monday: Whist Drive at 7.30 pm

Tuesday: Adran Y Neuadd Fach (6 pm)

Yr Uwch Adran

The Leisure Club meetings are held at 2 pm on the first Tuesday of the month.

Wednesday: Judo for children (5 pm)

Thursday: Yoga for young children (5 pm)

Short Mat Bowls (7 pm)

Short Mat Bowls (7 pm)

Saturday:

Football

The Hire Of The Hall And Cae'r Efail:

The hall is an ideal venue for private parties, group meetings or conferences. If you wish to hire the Hall or Cae'r Efail please contact 01267 275411 or 01267275730.

Porthyrhyd Welfare Committee 2016

Chair: John Protheroe-Thomas

Vice-Chair: Brian Evans

Treasurer: Robert Jones

Secretary: Mair Evans

Megan Bevan; Kathryn Lewis; Mel

Best; Rhinedd Williams; Iori Thomas;

Cllr. Wyn Evans

The following co-opted members are welcomed for 2016:

Michael Georgiou, Dai Bryer, Menna Jones a Nathan Watts.

Llogi'r Neuadd Fach a Chae'r Efail:

Mae'r Neuadd Fach yn lleoliad hyfryd ar gyfer parti, dosbarthiadau, cyfarfodydd neu gynhadledd.

Os ydych yn dymuno llogi'r Neuadd Fach a Chae'r Efail yna cysylltwch â 01267 275411 / 01267 275 730.

Pwyllgor Llesiant Porth-y-Rhyd 2016

Cadeirydd: John Protheroe-Thomas

Is-Gadeirydd: Brian Evans

Trysorydd: Robert Jones

Ysgrifenyddes: Mair Evans

Megan Bevan; Kathryn Lewis; Mel

Best; Rhinedd Williams; Iori Thomas ;

Y Cyng. Wyn Evans

Cyfetholwyd a chroesawyd y canlynol fel aelodau newydd ar gyfer 2016:

Michael Georgiou, Dai Bryer, Menna Jones a Nathan Watts.

Gwerthfawroga'r Pwyllgor waith arbennig Dawn Webb sy'n trefnu'r Gyrfau Chwist yn wythnosol, Aled Rees, Rhinedd Williams, Awen Voyle ac eraill am eu gwaith clodwiw yn cynnal Adran Y Neuadd Fach, Myfanwy Jones am gynnal y gwersi Jiwdo a Menna Jones am drefnu'r Bowlio. Gwerthfawrogir hefyd gefnogaeth arbennig Dai Bryer (Urdd Gobaith Cymru) a Nia Williams.

Pob Hwyl i Adran y Neuadd Fach!

Eleni eto mae cryn fwrlwm yn Y Neuadd Fach gyda'r aelodau'n brysur baratoi ar gyfer Eisteddfod yr Urdd.

Dymunwn lwyddiant i'r unigolion, y côr a'r partion llefaru a dawns, a diolchwn iddynt am ddod â chlod i'r pentref ac i'r ardal.

Sioe Llanddarog Show

Work is well in hand in introducing new competitions, continuing with the exhibition of children's competitions, preparing the schedule, finding judges and obtaining sponsorship for this year's show to be held on the 25th June.

The fund raising event linked to The Grand National will take place on Saturday 9th April at the Village Hall.

To coincide with the Show's 50th anniversary a concert featuring Côr Llanddarog, the Llanddarog School Choir, Llanddarog YFC and Adran yr Urdd of Porthyrhyd will take place at Capel Newydd on Saturday 11th June. Proceeds from the concert will go towards local charities.

A celebratory dinner will be held in October.

We would appeal for the loan of any memorabilia to prepare an exhibition from the early days of the Show.

For further information contact Lewis Jones on secretary@sioellanddarogshow.co.uk or 275593

Stitches

The group meets monthly – usually the second Tuesday of the month. Drop in between 1.30 and 4.30 in the

Committee Room, Llanddarog Village Hall.

Bring your own sewing, knitting or craft or join in a group project or just come to be inspired. Learn a new skill – we have frequent 'how to' demonstrations. We have knitting and crochet patterns, a small library of handcraft books, as well as sewing and craft equipment available. There is no annual membership fee, only £1 per session attended which includes refreshment.

Programme:

12 April: What about cushions(?) with a have a go opportunity.

10 May: Focus on cross stitch – a demonstration and hands on instruction.

14 June: Crochet – it is not difficult!

For more information contact Elizabeth Wills 01269 832569 or Marion Little 275507.

Llanddarog and District Women's Institute

Meetings are held in the Committee Room of the village Hall at 7 pm unless otherwise stated. Programme:

6 April 7 pm

A lifetime in Broadcasting –
Pamela Hunt

4 May 7 pm

Journey from Novice Wordsmith to Published Author – Graham Watkins

1 June

Educational Visit TBA

New members welcome. Enquiries to Elizabeth Wills 01269 832569 or Marion Little 275507.

YFC/CFFI Llanddarog

Mae'r misoedd diwethaf wedi bod yn rhai prysur i Glwb Ffermwyr Ifanc Llanddarog, o ymweliadau i gystadlaethau ac i gyngerdd. Nôl ym mis Rhagfyr, cynhaliwyd Noson Garolau'r Sir yng Nghapel y Graig, Trelech lle gafodd y parti deulais gyfle i swyno y gynulleidfa gyda'r gân 'Mi Glywaf y Llais.' Ar y 14eg o Rhagfyr, cynhaliwyd noson carolau'r clwb yn Eglwys y Plwyf Llanddarog, a braf oedd gweld ein aelodau yn cymryd y rhannau arweiniol.

Cychwynodd rhaglen y clwb ym mis Ionawr pan aethom ar drip i lle nofio LC2 yn Abertawe. Nesaf ar y calendr oedd cystadleuaeth Siarad Cyhoeddus Cymraeg. Roedd yr holl ymarferion werth e yn y diwedd wrth i'r ddau dîm iau wneud yn arbennig, ar eu ymdrech gyntaf. Llwyddodd y tîm canol i ennill y drydedd safle, a cafodd Caryl Jones a Cathryn Davies eu hethol fel eilyddion i gynrychioli y Sir ar lefel Cymru.

Ein ymweliad nesaf oedd i Fwydydd Castell Howell ar faes Cross Hands. Dyma agoriad llygaid i nifer fawr o'r aelodau wrth i ni ymweld gyda'r cigyddiaeth newydd. Yng nghanol yr ymweliadau a'r ymarferion siarad

cyhoeddus, roedden ni wrthi yn ymarfer am noson arbennig iawn. Ar yr 29ain o Ionawr hyfryd oedd gweld neuadd Llanddarog dan ei sang ac yn llawn bwrlwm, wrth i Noson Caws a Gwin ac adloniant y clwb i gymryd lle. Dyma noson lle cafodd aelodau y clwb gyfle i ddangos i drigolion yr ardal eu doniau. Roedd y noson wedi bod yn un hwylus dros ben a phawb i weld wedi mwynhau. Cynhaliwyd ocsiwn a raffl yn ystod y noson. A llwyddwyd i godi £800 i'n elusen dewisiedig eleni sef Ty Hafan. Hoffwn ni fel clwb ddiolch yn fawr i bawb am ei cefnogaeth tuag at y noson, ac i bawb am ddod a rhoi mor hael.

Ym mis Chwefror cafwyd ein noson pancws blynyddol gan John a Angela Skym, roedd y pancws yn flasus dros ben, well nag unrhyw siop! Lawr i neuadd San Pedr aeth yr aelodau yn ystod hanner tymor Chwefror, er mwyn cefnogi ein clybiau lleol yn y gystadleuaeth ddrama. Cystadleuaeth nesaf sydd ar galendr y clwb yw'r Bowlïo 10. Felly rhaid oedd mynd lawr i Xcel Bowl yng Nghaerfyrddin am noson i ymarfer. Pob hwyl i'r aelodau fydd yn cynrychioli y clwb yn y gystadleuaeth!

Os hoffech fwy o wybodaeth cysylltwch a Caryl Jones ar 07875797587.

