

Tafod Twrog

Rhif/No 89

Awst/Medi/Hydref
August/September/October
2022



SAINT TWROG'S CHURCH
LLANDDAROG

Ficer/Vicar

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Annwyl Gyfeillion

Mae cariad Duw yn ddirgelwch hardd. Allan o'r dirgelwch hwn sydd wrth galon Duw y mae'r holl greadigaeth yn llifo. Dywedodd Meister Eckhart, y diwinydd canoloesol: "Roedd ei gariad mor orlawn nes iddo gymell Duw i ymdonni, berwi a gorlifo i mewn i'r greadigaeth."

Y cariad hwn yw ffynhonnell popeth sy'n rhoi ystyr dwfn i fywyd. Mae cariad Duw yn rhoi cynhesrwydd a gwefr i'n bywydau. Mae cariad Duw yn ein helpu i edrych y tu hwnt i ni ein hunain ac i ymarfer gweithredoedd o garedigrwydd a chariad yn fwy dwys a chyson, yn enwedig yng nghanol straen bywyd.

Heb gariad wrth galon ein bywyd, mae rhinweddau eraill megis haelioni, maddeuant, amynedd, ac addfwynder yn anoddach eu harfer. Yn ddiddorol, mae'r awdur Maya Angelou yn ystyried dewrder fel un o'r rhinweddau mawr. Mae hi'n mynd mor bell â dweud: "Heb ddewrder, ni allwn ymarfer unrhyw rinwedd arall gyda chysondeb. Allwn ni ddim bod yn garedig, yn wir, yn drugarog, yn hael nac yn onest."

Byddwn yn dweud, mae angen i ni anadlu mewn cariad Duw ac yna bydd gennym y dewrder i fod yn gyson yn garedig, yn wir, yn drugarog, yn hael, ac yn onest. Rwy'n credu bod angen i ni wybod cariad Duw fel ein bod ni'n gwybod sut i fyw ein bywydau yn y ffordd iawn bob amser. Mae angen cynhesrwydd parhaus cariad Duw ynom ni.

Heb Dduw, fel y rhybuddiodd un athronydd ni dros ganrif yn ôl: "A oes unrhyw beth i fyny neu i lawr o hyd? Onid ydym yn crwydro megis trwy anfeidrol ddim? Onid ydym yn teimlo anadl gofod gwag? Onid yw wedi mynd yn oerach?"

Heb Dduw, pa aer rydyn ni'n ei anadlu i mewn? A ydym yn anadlu aer oer gwagle anghyfannedd? Neu a ydyn ni'n anadlu aer cynnes cariad Duw?

Boed inni foli Duw am ei holl ddoniau da tymor y Cynhaeaf hwn a gwybod ein bod ni'n byw yn symud ac yn bod yn aer cynnes cariad haelionus Duw.

Pob bendith yng Nghrist

Canon Dewi Roberts

Dear Friends

The love of God is a beautiful mystery. Out of this mystery at the heart of God flows all of creation. Meister Eckhart the medieval theologian said: "His love was so overflowing that it propelled God to billow, boil and overflow into creation."

This love at the source of everything is what gives life a deep meaning. God's love gives warmth and sparkle to our lives. God's love helps us to look beyond ourselves and to practice acts of kindness and love with a greater intensity and consistency, especially amid the stresses of life.

Without love at the heart of our life, other virtues such as generosity, forgiveness, patience, and gentleness are more difficult to practice.

Interestingly, the author Maya Angelou regards courage as one of the great virtues. She goes so far as to say: "Without courage, we cannot practice any other virtue with consistency. We can't be kind, true, merciful, generous, or honest."

I would say, we need to breathe in the love of God and then we will have the courage to be consistently kind, true, merciful, generous, and honest. I believe, we need to know God's love so that we know how to live our lives in the right way at all times. We need the abiding warmth of God's love within us.

Without God, as one philosopher warned us over a century ago: "Is there still any up or down? Are we not straying as through an infinite nothing? Do we not feel the breath of empty space? Has it not become colder?"

Without God what air are we breathing in? Do we breathe the cold air of a desolate void? Or do we breathe the warm air of God's love?

May we praise God for all his good gifts this Harvest season and know that we live and move and have our being in the warm air of the generous love of God.

Every blessing in Christ

Canon Dewi Roberts

"And now these three remain: faith, hope and love. But the greatest of these is love."

First Corinthians 13:13

Editorial

Again, thank you for all your contributions – and what a lot there have been for this edition.

It is so good to see life returning to normal, being able to meet indoors and enjoy fellowship. What a joy to be able to celebrate our rich agricultural heritage again at the Llanddarog Show. Our clubs have started meeting in person and Canon Dewi and Jean have been able to visit the school for their Tuesday morning services rather than electronically. We have all missed that human interaction and as good as Zoom is, it can't make up for the personal touch.

We are looking forward to Harvest this year in September and at the end of October there will be a confirmation service where the Bishop will be present. There will also be a special service to celebrate Rev. Jean's 40 years of ministry to St Twrog church.

I would be grateful if you could let me have your articles for the next edition to cover November, December and January by Monday 17 October.

Margaret Rees
tafodtwrog@outlook.com

New Graveyard

Following the Archdeacon's visit to the Church we were reminded that we need to adhere to Church in Wales policy for Burial Grounds.

In the New Graveyard no flower pots, vases etc should be placed on the grassed areas. All surplus pots need to be removed by September 30th 2022 or Church Officials will have to remove them. We very much hope that you will cooperate with us on this matter as we are so lucky at St Twrog's that we have volunteers who keep the graveyard so tidy. Diolch yn fawr iawn i chi am eich cydweithrediad.

Mair Rees
Huw Voyle Williams
(Wardens)

Bedydd / Baptism

Yn y cwarter diwethaf ni fuodd yna fedydd / No baptisms were held in the church in the last quarter.

Priodas / Marriage

21 May 2022 Eleri Davies and Joshua Archer, Llanddarog

Angladd / Funeral

15 June 2022 Allan Davies, Foelgastell

18 June 2022 Elvera Jones, Cefn Abbey

Allan Davies

At St Twrog we treasure the memory of Allan as he was a faithful member of our Church. We miss his smile and his great sense of humour.

Allan was the son of Hilda and Jack Davies and had an older sister Pat. He was born at Tumble but moved to Cefneithin when he was only a few months old, yes he was a Cefneithin boy. He married Ann and they had three children Alanna, Catherine and Beth and the family lived in Llanelli. Allan was an excellent chef and Ann was saying the children preferred his cooking to hers, because he was far more adventurous. The three girls remember him as such a great host with his roast dinners being legendary and he persevered with making the perfect gravy especially after Beth told him his gravy was almost as good as school gravy.

Allan was a family person, his family was his life and the girls remember the wonderful family holidays. They were always full of fun. He was an extremely kind person according to the girls and they remember him whilst on holiday in Tuscany, when he found an injured swift and nursed the bird by feeding him salami. They think that he also administered some red wine to the bird. When he left the bird was still alive probably with a higher cholesterol level and an alcohol dependency. But Allan left instructions for the next guest to carry on with the treatment.

He always wanted the best for his three girls and was their biggest cheerleader. There was always a lot of laughter at home. He was a very calm person and would not flap and had a wicked sense of humour.

Alanna, Catherine and Beth have all said how much he supported all of them and how their friends would just love him and remembered his laugh, sense of humour, generosity and friendship

He was also such a proud grandfather and loved his six grandchildren Will, Tom, Nansi, Ben, Felicity and Jasper and his three great grand children. I'm sure they will all miss him.

Allan was a keen reader and particularly enjoyed Wilbur Smith books. He has passed that great love of reading on to his three daughters. He also loved Music especially Mozart. He was a member of the Phoenix Theatre Players in Llanelli and would carry on regardless even when his props let him down. Both he and Ann would love to attend the concerts that Beth was involved in. As we can see he was a master of many talents. He would write verses for Tannau Twrog the Ukulele group at St Twrog and would also be a critical friend to them.

He had a strong faith and knew his scripture, but more important he carried out his Christian beliefs. We shall certainly miss him in this Church as he was here every Sunday and not just here but you could see that the content of the Service meant so much to him. He was a truly spiritual person. He even told me with that lovely wicked smile he had at the end of the Service on Easter Sunday, your sermons are improving, keep going.

We thank God for his life and we sympathise with the family in their great loss. May he rest in peace and rise in glory.

Mrs Elvera Jones

I ni yn cofio gyda diolchgarwch am fywyd Elvera neu Elvera Arron fel bydde pobol yn cyfeirio ati. Ac wrthi ni feddwl amdani fe feddylw'n am ei pherthynas hi a'r teulu a'u ffrindiau, ei Gwaith gwirfoddol, a'r Cristion.

Cafodd Elvera ei chodi i fyny yn Cefn Bryn, Cefn Abbey, wedi byw yn yr un tŷ am 90 o flynyddoedd, merch i David John a Mary Hannah Arron. Roedd yn byw yn siop Arron fel y cyfeiriwyd at y tŷ oherwydd roedd ei thad yn rhedeg siop yn yr ystafell ffrynt. Ond 14 oedd oed Elvera pan fuodd i thad farw ond roedd Elvera yn gweini ar eraill hyd yn oed pan oedd ond 9 oed. Fe fyddai yn mynd lawr i Middleton Hall a helpu sawl teulu yn enwedig os byddai babi Newydd wedi cyrraedd. Hi oedd Florence Nightingale yr ardal o hyd mor barod i siarad a helpu pawb.

Roedd y teulu yn rhywbeth spesial iawn iddi ac roedd yn wraig ffyddlon i'r diweddar Griff, mam annwyl iawn i Arwyn a Carol a mamgu gofalus a chariadus iawn i Benjamin, Hannah a Rhiannon. Hefyd hen famgu addfwyn Chloe, Joshua ac Abigail a mam yng nghyfraith barchus Gareth. Dywedodd y Fam Theresa os i chi am newid y byd, ewch adre i garu'ch teulu". Oedd dim rhaid dweud hynny wrth Elvera oherwydd wrth reddf roedd y teulu yn ganolbwynt ei bywyd. Byddai ei llu ffrindiau hefyd yn dweud bod hi'n ffrind arbennig iawn, yn berson dibynadwy. Roedd wedi bod yn helpu gyda'r WRVS yn yr Ysbyty am flynyddoedd ac wrth ei bodd yn sgwrsio a phobl. Roedd hefyd yn gwneud Gwaith gwirfoddol gyda "Country Cars" ac fe fyddai Elvera yn helpu pobl i siopa neu hyd yn oed mynd mewn i'r Feddygfa neu'r Ysbyty gyda nhw. Ie roedd pawb yn ei hadnabod.

Cafodd ei chyflwyno a medal y WRVS am ei Gwaith gwirfoddol rhagorol. Ie

roedd Elvera yn barod i gerdded yr ail filltir dros rhywun.

Roedd hi hefyd yn berson a oedd yn cymdeithasu, roedd yn hoff o gwmni pobol a gallai siarad a phawb. Roedd gyda hi gôf arbennig iawn ac fe fyddai yn cofio nôl dros y blynyddoedd. Roedd yn cadw popeth, a gyda hi pob taflen angladd lle roedd hi wedi bod yn bresennol, ac roedd hi chware teg yn angladdwraig ffyddlon iawn. O hyd yno i dalu y gymwynas olaf i fobol oedd hi yn ei adnabod. Roedd gwen hawddgar Elvera yn codi ysbryd unrhyw un.

Roedd hi hefyd yn aelod gweithgar o Gapel y Ddôl ac wedi bod yn ffyddlon iawn ar hyd y blynyddoedd. Fe fyddai hefyd yn dod i Eglwys Sant Twrog yn gyson adeg Y Cynhaeaf, y Nadolig a'r Pasg. Fe fyddai yn siarad a'i Chreawdwr yn rheolaidd ond nid yn unig yn yngan y geiriau ond yn byw ei bywyd yn ol yr egwyddorion Cristnogol.

Roedd hen draddodiadau yn bwysig iddi, yr hen werthoedd sydd bellach wedi mynd ar goll ond sy'n dal yn bwysig. Ie "Yr hyn a allodd hon hi a'i gwnaeth Coffa da amdani a bydded iddi orfwys mewn hedd a chyfodi mewn gogoniant.

Cleifion / The Sick

Gweddiwch dros bawb sy'n glaf mewn ysbryd, corff, neu feddwl, gartref neu mewn ysbyty/Please pray for the sick in body, mind or spirit at home or in hospital – gan gynnwys/including: Doreen Rees, Marilyn Jones, Freda Davies, Raymond Lloyd, Eifion Davies, Eirwen Davies, Alan Evans, Mags Rees, Rosemary Tilley, Doreen Northwood, Rose Rees. Please inform the wardens if someone falls ill or is in hospital.

Llongyfarchiadau / Congratulations

Llongyfarchiadau i Rev. Jean a Huw, sy'n dathlu eu priodas aur ar 21 Hydref. Penblwydd Hapus i Brian Rees, a oedd yn 70 oed ar 24 Gorffennaf ac i Beryl Williams, fydd yn 70 ar 14 Hydref.

If you know of special celebrations such as these coming up in November, December, or January please let me know in advance so that we can congratulate the people concerned in Tafod Twrog. Margaret at tafodtwrog@outlook.com, 275479 or see me in church.

Diolch/Thank You

Eleri and Josh Archer would like to thank everyone for all the good wishes, cards and gifts received for their recent wedding. Special thanks to Canon Dewi and Rev. Jean for making the wedding ceremony so special. Thank you so much. Diolch o galon.

A big thank you from both of us

Firstly we would like to thank Jean for her wonderful tribute to Selwyn in the last edition of Tafod Twrog. We really appreciate Jean's kind words and her reflections on the legacy left by Selwyn.

Secondly we would like to thank the communities of Llanddarog, Porthyrhyd, Mynyddycerrig and Llanarthne for all the love, support and sympathy shown to us over past months. You have all helped us tremendously through this difficult time.

The collection at the Thanksgiving Service for Selwyn amounted to an amazing £2,220.00. It has been divided equally between St Twrog Church, Llanddarog and Prostate Cymru. We are extremely grateful to Ms Nia Thomas and Mr Glanmor Evans (Undertaker) for totalling all the donations and helping us to give each recipient an equal share. Moreover our sincere thanks to all of you who contributed so very generously. Llanddarog Church and Prostate Cymru were both causes close to Selwyn's heart and we hope that these donations will help both organisations to continue their fine work.

Diolch yn fawr i chi gyd.

Daphne a Tomos Evans

Flower Rota

Awst/August

7th&14th Mrs Marion Little
21st & 28th Mrs Margaret Morris

Medi/September

4th & 11th Mrs Doreen Northwood
18th & 25th Mrs Carol Owen

Hydref/October

2nd & 9th Mrs Margaret Phillips (Tumble)
16th & 23rd Mrs Barbara Quick
30th & Nov 6th Mrs Doreen Rees

Llanddarog Community Council News

At the last election three of our members decided it was time to stand down – Eleri Davies who felt her work commitments did not enable her to participate fully as a Community Councillor; Jenny Youens who had worked tirelessly for the community for many years; and Wyn Evans who had served at both Community and County level for so many years decided it was time to 'hang up his boots'. We were very sorry to lose such committed members whose wealth of knowledge and understanding we will miss. We are, however, pleased to welcome three new Community Councillors – Karen Walters, Rachel McFarlane and Mark Griffiths and we look forward to working with them. Welcome

Have you looked under the bed lately?

No, not to check for dust or whether the bogey man is there, but whether you've got any of those old paper £20 and £50 notes. The Bank of England will be withdrawing legal tender status of paper £20 and £50 banknotes after 30 September 2022 so you need to take them to your local bank as soon as you can to deposit or exchange them because after this date, paper £20 and £50 banknotes will no longer be legal tender.

While the majority of paper £20 and £50 banknotes in circulation have been replaced with new polymer versions, there are still over £6 billion worth of paper £20 featuring the economist Adam Smith, and over £8 billion worth of paper £50 banknotes featuring the engineers Boulton and Watt, in circulation. That's more than 300 million individual £20 banknotes, and 160 million paper £50 banknotes.

Speaking ahead of the date, the Bank of England's Chief Cashier Sarah John said "Changing our banknotes from paper to polymer over recent years has been an important development, because it makes them more difficult to counterfeit, and means they are more durable. The majority of paper banknotes have now been taken out of circulation, but a significant number remain in the economy, so we're asking you to check if you have any at home

You won't be able to deposit any paper bank notes into your local bank after 30 September and you will find trying to change them into the polymer notes complicated, with a need to complete a special form downloaded from the Bank of England website, provide proof of identity and post securely to the Bank of England.

So, check your money, especially those of you who hold money for a club or organisation.

Rob Jones

"It is amazing what we can accomplish if we don't care who gets the credit." – *Harry S. Truman.*

"Since you get more joy out of giving joy to others, you should put a good deal of thought into the happiness that you are able to give."
– *Eleanor Roosevelt.*

PLANT DEWI SUMMER FAIR

On a very wet morning in June, Carmarthen's Plant Dewi Support Group held a Summer Fair in St. Peter's Civic Hall. After missing two years of Coffee and Pancakes and a change of date we wondered how well the event would be supported. News that our M.C. Mr Sulwyn Thomas had Covid added to our anxiety!

However we need not have worried! The indefatigable Revd Jean Voyle Williams came to the rescue once again and made a marvellous M.C. and gave me the confidence as Chairperson to coordinate the morning!

Instead of pancakes we all enjoyed delicious scones generously donated by Mrs Mary Bound (Llanarthney) and Mrs Bronwen Griffiths (Llanllwch). Mr Richard Powell, the very first Leader of the Diocesan Community Development Team, The Children's Society (which later morphed into Plant Dewi) was our special guest and opened proceedings after describing his travels worldwide to promote the safeguarding of children. We were also privileged to welcome Rt. Revd Dr Joanna Penberthy, Bishop of St. Davids to the Summer Fair and she spent a considerable time chatting to parishioners and supporting the event. The Mayor of Carmarthen and the Vice Chair of the County Council were also in attendance and made donations. We appreciate their support and also the support of our Llanddarog stalwarts! Some of you had a hectic morning serving lots of tea and coffee and all of you helped to swell the numbers and swell the funds! My sincere thanks to all those involved.

We had all the usual stalls and the Llanddarog Church Birthday Calendar raised an amazing £154.00. I was pleased with this as I was unable to give as much time to it this year as I normally do. The final total for the morning is £1446.39 and the Random Club raised an additional £1000.00 this year. Considering the change of date and the uncertainty around Covid I believe that this is an excellent result and the money will be put to very good use by Plant Dewi supporting children and their families throughout the Diocese.

Daphne Evans

"No one can be called useless in this world who lightens the burdens of another." – *Charles Dickens*.

Tannau Twrog yn diddanu yn y Felindre

Yn 2019, cyn holl ddigofaint y Covid, derbyniodd Tannau Twrog wahoddiad gan bwyllgor neuadd y Felindre, Abertawe, i fynd yno yn ystod Haf 2020 i berfformio mewn cyngerdd arbennig er mwyn codi arian ar gyfer dau elusen arbennig. Yr unigryw Phyllis Bell oedd wrth y llyw a hi gysylltodd gyda ni er mwyn gweld os fydde diddordeb gyda ni i berfformio. Fel sy'n arferol gennym ni, y Cymry, cafwyd 'pwyllgor' a 'chyfarfod' i drafod y cais ac wrth gwrs, IE oedd ein hateb. Y ddau elusen teilwng oedd Uned Prosthetic Limbs ac Uned Dialysis, y ddwy uned yn rhan o Ysbyty Treforys. Yn ôl Phyllis roedd hon i fod yn noson arbennig gan bo sêr yr ardal yn rhan o arlwy y nos - Gwenda a Geinor, Côr y Scarlets, y comediwr a'r diddanwr Clive Edwards yn cyflwyno a ninne - Tannau Twrog!

Wel, wrth gwrs fe ddaeth yr hen Covid yn mis Mawrth gan roi taw ar bob math o adloniant, hwyl a miri gan gynnwys ein cyngerdd yn y Felindre. Ond yn ystod y Gwanwyn eleni, pan ddychwelodd bywyd i ryw fath o normalrwydd, fe ddaeth y newyddion bo'r cyngerdd yn cael ei chynnal ym Mis Mehefin. 'Ie' oedd ein hymateb i'r cais eto a dyna gychwyn ar yr ymarferion wythnosol er mwyn rhoi 'polish' ar y chwarae ac i sicrhau ein bod yn perfformio i safon ein maestro, yr amyneddgar a'r talentog Mr. John James. Bu Eluned a John yn gweithio fel lladd nadredd, yn ddiwyd a di flino yn dewis darnau addas i ni eu perfformio gan sicrhau bo dim gormod o gordiau newydd i'w dysgu! Cyfansoddwyd geiriau ac alawon arbennig gan y ddau ar gyfer ein perfformiad gan gynnwys cân amserol am y rhyfel yn yr Iwcrain. Roedd cân arall yn sôn am gymeriadau unigryw y Felindre – cyfle i'r gynulleidfa ymuno gyda ni yn ystod y noson. Dyna hwyl.

Yn dilyn tua tri mis o ymarferion dwys a difyr fe ddaeth y noson fawr – noson hyfryd o Haf, yr haul yn gwenu yn braf a phob un o'r criw yn edrych ymlaen yn eiddgar i'r perfformiad er bo pawb ychydig yn bryderus a nerfus. Doedd neb am siomi. Doedd dim angen i ni boeni o gwbwl. Roedd y gynulleidfa werthfawrogol wrth eu bodd â'n perfformiad yn ystod hanner cyntaf y cyngerdd ac yn ysu i'n croesawu yn ôl i agor yr ail hanner. Cafwyd ymddangosiad arbennig gan Hywel a Blodwen (diolch i Nia) yn ystod yr ail hanner hefyd ac roedd y gynulleidfa yn 'corco' chwerthin ac yn gwerthfawrogi talent Nia. Yn sicr, rhoddodd pawb o'u orau y noson yma ac roedd yr holl baratoi ac ymarfer wedi talu ar ei ganfed gan i'r gynulleidfa wresog a ninnau fwynhau y perfformiad a'r perfformio. Yn goron ar y noson, daeth yr holl artistiaid at ei gilydd i ganu

un o ffefrynnau Tannau Twrog – Mae'n Wlad i mi gan yr anfarwol Dafydd Iwan. Profiad bythgofiadwy.

Diolch o galon i Bryn, Sara (merch John ac Eluned) a Trystan am eu cymorth arbennig wrth ymuno gyda ni i chwarae eu hofferynnau – drymiau, ffliwt ac ukulele drydan. Heb os nac oni bai roedd eu cyfraniadau hwy wedi codi ein perfformiad ac wedi rhoi hyder i ni wrth berfformio. Diolch hefyd i aelodau ifanca Tannau Twrog, Einir a Hunydd am ganu mor beraidd yn ystod un o'r caneuon. Profiad arbennig iawn i'r ddwy dwi'n siwr. Diolch ferched. Ond mae ein diolch pennaf i John ac Eluned am eu hymroddiad, eu hamser a'u hamynedd.

Mae'r ukuleles wedi tewi erbyn hyn ond yn sicr dydyn nhw ddim yn y tô!!! Yn ddi-os byddwn yn chwarae yr ukuleles yn ystod gwasanaethau eglwysig yn y dyfodol gan mai grwp o aelodau Eglwys Sant Twrog ydym ni. Mae ambell gais wedi ein cyrraedd ers ein perfformiad yn y Felindre ond a fydd Tannau Twrog yn diddanu yn gyhoeddus eto? Cawn weld.

Myfanwy Rees.

Tannau Twrog entertain in Velindre.

In 2019, before Covid, Tannau Twrog was invited by the Velindre Hall, Swansea committee to attend in Summer 2020 to perform at a special concert to raise money for two special charities. The unique Phyllis Bell was in charge and she contacted us to see if we would be interested in performing. As is usual with the Welsh, there was a 'committee' and a 'meeting' to discuss the request and of course, our answer was YES. The two worthy charities were the Limbs Prosthetic Unit and the Dialysis Unit, both units of Morriston Hospital. According to Phyllis this was supposed to be a special evening as the stars of the area were part of the evening's offer - Gwenda and Geinor, The Scarlets Choir, comedian and entertainer Clive Edwards presenting and us – Tannau Twrog!

Well, of course the old Covid came in March and put a stop to all kinds of entertainment, fun and mirth including our concert in Velindre. But this Spring, when life returned to a kind of normality, came the news that the concert was being held in June. Our response to the request was again YES and that was the start of the weekly practices in order to put 'polish' on our playing and to ensure that we perform to the standard of our maestro, the patient and talented Mr. John James. Eluned and John worked like Trojans, diligent and tireless choosing suitable pieces for us

to perform ensuring that there are not too many new chords to learn! Both composed special words and tunes for our performance including a timely song about the war in the Ukraine. Another song mentioned the unique characters of Velindre – an opportunity for the audience to join us during the evening. What fun.

Following about three months of intense and enjoyable rehearsals the big evening came – a lovely summer evening, the sun smiling nicely and each of the crew eagerly looking forward to the performance although everyone a little anxious and nervous. No one wanted to disappoint. We didn't need to worry at all. The appreciative audience were delighted with our performance during the first half of the concert and were keen to welcome us back to open the second half. Hywel and Blodwen also made a special appearance (thanks to Nia) during the second half and the audience, though surprised, laughed and appreciated Nia's talent. Certainly, everyone gave their best on the evening and all the preparation and practice had paid off as the audience warmed and we enjoyed the performance. To crown the evening off, all the artists came together to sing one of the favourites of Twrog Tannau – Mae'n Wlad i Mi (It's My Country) by the immortal Dafydd Iwan. An unforgettable experience.

Many thanks to Bryn, Sara (daughter of John and Eluned) and Trystan for their special help in joining us to play their instruments – drums, flute and electric ukulele. Their contributions undoubtedly raised our performance and gave us confidence in performing. I also thank the youngest members of Twrog Tannau, Einir and Hunydd for singing one verse so perfectly together during one of the songs. A very special experience for both, I am sure. Thank you girls. But our main thanks go to John and Eluned for their dedication, time and patience.

We will undoubtedly play the ukuleles during future church services as we are a group of St Twrog's Church members. A few requests have reached us since our performance at Velindre but will Tannau Twrog entertain elsewhere in public again? We'll see.

Myfanwy Rees

“It is every man’s obligation to put back into the world at least the equivalent of what he takes out of it.” – *Albert Einstein.*

“For it is in giving that we receive.” – *St. Francis of Assisi.*

My entry to the WI Lady Denman Cup 2022

Life in The Community

Elwyn and Nerys had moved to Wales when Elwyn was offered an IT job on Anglesey at Anglesey Aluminium. After working for Bill Gates, he had been successfully head-hunted. As Elwyn and Nerys were Welsh they longed to return to the land of their fathers.

Nerys and Elwyn had been childhood sweethearts going to the same school. Both sets of parents worked together and socialised. The rest is history!

After the initial flurry of excitement after moving in life became a little mundane. One day forlorn and miserable she had stopped in the pouring rain outside the Coop. She gave a cold looking bedraggled girl a pound coin for the charity "Random Acts of Kindness,". The thin pinched face girl said, "You have such a kind face. I am from the Ukraine and am saving for my children to come to Wales. Do a kind act every day and it will be boundless." The girl gave her a soggy packet of sunflower seeds and told Nerys to plant the seeds and give them to people to cheer them up.

Nerys decided to make this her philosophy and to do a random act of kindness every day. From now on things will be different. Nerys accompanied Aunt Eirlys to all the community events and volunteered at the Women's Shelter helping women who'd escaped abusive partners. She would sing, "Love is something if you give it away...just like a magic penny you end up having more" which she remembered from Sunday School. It became her "go to" song when she was bathing her two beautiful children.

Her partner was happy in his new job and loved taking his family out white-water rafting and camping. He was proud that Nerys was such a self-sufficient, community minded girl. Every weekend there would be a family gathering and fun and games with their Welsh cousins. Nerys baked homemade cookies for Elwyn 's colleagues. Soon the girlfriends of his workmates started coming to Gors Avenue to Nerys's new book club.

Nerys volunteered at Holyhead Opportunities where she taught IT skills to unemployed young men and women whilst Aled and Eleri went to the college crèche.

Soon Nerys was making friends with all kinds of people. She joined the church choir and taught in Sunday School. She was a colourful, exotic new addition to the community.

The 'Plant Dewi Hub' in Holyhead arranged a wonderful party with, "pass the parcel" and "pin the tail on the donkey." The book club decorated the Christmas tree and the hall, and the 'Plant Dewi Hub' made the cakes and sandwiches. The children were all given a wonderful party bag and early Christmas present from Santa.

The cherry on the cake was finding out that the Roberts family could return to Boise, Idaho for three weeks over Christmas and go skiing whilst staying in the cabin. The sad grey eyed girl from the Ukraine had changed everything with an avalanche and abundance of kindness.

Debbie Roberts

- o O o -



Our Vicar Canon Dewi Roberts was installed as Canon Chancellor of St David's Cathedral in April. This is indeed a great honour as it is one of the senior roles within the Diocese. Bishop Joanna also installed Revd John Cecil and Revd Delyth Wilson as Canons of the Cathedral.

NEWYDDION YSGOL YR EGLWYS LLANDDAROG

Bu'n dymor prysur fel arfer eto wrth i'r flwyddyn ysgol ddirwyn i ben gyda theithiau, mabolgampau, ffair haf, a diwrnodau hwyl yn llanw wythnosau ola'r tymor. Aeth Dosbarth Pantyffynnon ar daith i Barc Penbre, Dosbarth Penrhiw i Borthtywyn, lle cawsant ddiwrnod hyfryd ar draeth y môr ac ymweld â badau achub yr RNLI ac yna cafodd Dosbarth Pantllan ddiwrnod bendigedig yn ystod eu diwrnod hwyl yn gwneud cebabs ffrwythau, creu cuddfannau a chael picnic yn y goedwig.

Mae dosbarth Penrhiw wedi bod yn defnyddio eu sgiliau entrepreneuraidd y tymor hwn. Wedi dysgu am y Merched Medrus - Kate Bosse-Griffiths, Betty Campbell a Cranogwen y tymor diwethaf, penderfynon y byddai'n syniad i greu crysau-t i'w hysbysebu a gwerthu Wedi tipyn o ymchwilio am syniadau, gweithio costau, penderfynu ar enw i'r cwmni, hysbysebu a delio gydag archebion fe wnaethon nhw £207 o elw. Tipyn o gamp i gwmni Criw Amryliw Penrhiw! Diolch i Lowri Jones, un o'n rhieni, am ei chymorth wrth argraffu y crysau-t.

Llongyfarchiadau i'r disgyblion a gymerodd ran yn athletau Ysgolion Cwm Gwendraeth - pob un wedi gwneud eu gorau glas a'r tîm yn ennill tarian y mabolgampau am y nifer uchaf o bwyntiau i ysgolion dan 120 ar y diwedd. Arbennig! Cafodd y disgyblion ddiwrnod hwylus ym mabolgampau'r ysgol hefyd, gyda Marci G yn darlledu'r cyfan yn fyw. Llongyfarchiadau i Llew a Betsan am ennill y tariannau am y nifer mwyaf o bwyntiau.

Roedd pob dosbarth wedi mwynhau dysgu am y Pentecost trwy gymryd rhan mewn gweithdai Profiad y Pentecost a gynhaliwyd yn yr Eglwys cyn hanner tymor. Diolch i aelodau'r eglwys am ei drefnu ac am roi o'u hamser wrth dywys y plant o gwmpas y gwahanol orsafeydd a thrafod arwyddocâd y Pentecost mewn ffordd mor ddiddorol iddynt. Roedd pob plentyn wedi elwa llawer o ddysgu yn y ffordd rhyngweithiol yma.

Diolch hefyd i bwyllgor Cymeithas Cyfeillion Ysgol Llanddarog a'r rheini am drefnu ffair haf lwyddiannus iawn. Braff oedd gallu cynnal y ffair unwaith eto eleni wedi cyfyngiadau COVID a gweld iard yr ysgol yn llawn bwrlwm unwaith eto.

Fel y gwyddoch mae tymor yr haf yn ddiwedd cyfnod i rai disgyblion yn ysgol Llanddarog wrth iddynt symud ymlaen i'r ysgol uwchradd. Ac wedi diwrnod arbennig iawn ar bererindod i Dyddewi ddydd Gwener 8fed o Orffennaf, cynhaliwyd gwasanaeth ymadael disgyblion Blwyddyn 6 yn

yr eglwys dan ofal y Ficer a'r Parchg Jean Voyle Williams ddydd Mawrth 12fed o Orffennaf. Dymunwn y gorau i'r un deg tri ohonynt yn yr ysgol uwchradd ym mis Medi. Dymunwn hefyd y gorau i Miss Rebecca John, cynorthwywraig Dosbarth Pantyffynnon sydd hefyd wedi ein gadael ar ddiwedd y tymor hwn. Ond mae'n ddiwedd cyfnod yn hanes Ysgol Llanddarog yn anffodus, wrth i ni ffarwellio â Mrs Meinir Jones, ein pennaeth, ar ei phenderfyniad i ymddeol eleni wedi dros ddeg ar hugain mlynedd o wasanaeth i'r ysgol. Ac yn union yn ôl dymuniadau'r disgyblion, trefnwyd parti i Mrs Jones ar ddydd lau ola'r tymor yng nghwmni llywodraethwyr, aelodau'r Eglwys ac aelodau'r gymuned i ddiolch iddi am ei gwaith diflino ar hyd y blynyddoedd. Er byddwn yn gweld ei heisiau yn fawr iawn dymunwn y gorau iddi i'r dyfodol a gobeithio caiff gyfle nawr i ymlacio a mwynhau gyda'r teulu. Ymddeoliad hir a hapus i chi Mrs Jones.

Llanddarog Church in Wales School News

It has been a busy season as usual again as the school year draws to a close with tours, sports, a summer fair, and fun days filling the last weeks of the term. Pantyffynnon Class went on a trip to Pembrey Park, Penrhiw Class to Burry Port, where they had a lovely day on the sea shore and visited the RNLI lifeboats and then Pantllan Class had a wonderful day during their fun day making fruit kebabs, creating dens and having a picnic in the woods.

Penrhiw Class have been using their entrepreneurial skills this term. Having learned about the Skilled Women - Kate Bosse-Griffiths, Betty Campbell and Cranogwen last season, we decided that it would be an idea to create t-shirts to advertise and sell. After a bit of researching ideas, working costs, deciding on a name for the company, advertising and dealing with orders they made £207 profit. A feat for the Penrhiw Amphibious Criw company! I thank Lowri Jones, one of our parents, for her help in printing the t-shirts.

Congratulations to the pupils who took part in the athletics of Gwendraeth Valley Schools - all having done their best and the team winning the sports shield for the highest number of points for schools with under 120 pupils at the end. Special! The pupils also had an enjoyable day in the school's sports, with Marci G broadcasting it all live. Congratulations to Llew and Betsan for winning the shields for the most points.

All classes enjoyed learning about the Pentecost by taking part in Pentecost Experience workshops held in the Church before half term. I thank the members of the church for organising it and for giving of their time in guiding the children around the various stations and discussing the significance of the Pentecost in such an interesting way to them. All children had benefited a lot from learning in this interactive way.

I also thank the Friends of Ysgol Llanddarog's committee for organising a very successful summer fair. It was pleasing to be able to hold the fair once again this year after COVID restrictions and to see the school yard buzzing once again.

As you know the summer term is the end of an era for some pupils at Llanddarog school as they move on to secondary school. And after a very special day on pilgrimage to St David's on Friday 8th July, the departure service of Year 6 pupils was held in the church under the care of the Ficer and the Rev Jean Voyle Williams on Tuesday 12th July. We wish the thirteen all the best in secondary school in September. We also wish Miss Rebecca John, Pantyffynnon Class Assistant who has also left us at the end of this term, all the best.

But it is unfortunately the end of a period in the history of Ysgol Llanddarog, as we say goodbye to Mrs Meinir Jones, our headteacher, on her decision to retire this year after over thirty years of service to the school. And exactly according to the pupils' wishes, a party was arranged for Mrs Jones on the last Thursday of the term in the company of governors, Church members and members of the community to thank her for her tireless work over the years. Although we will miss her very much we wish her all the best for the future and hope she now has the opportunity to relax and enjoy with the family. A long and happy retirement for you Mrs Jones.

Marian Evans

DIOLCH MRS JONES

Yn ystod Gwasanaeth Ymadael B6 cyflwynwyd anrheg i Mrs Meinir Jones gan yr Eglwys ar ei hymddeoliad. Diolchwyd i Mrs Jones am greu cysylltiad cryf rhwng yr Ysgol â'r Eglwys a sicrhau ethos gristnogol eglwysig yn yr Ysgol.

Penderfynwyd comisiynnu Rhys Padarn i greu darlun. Roedd hyn yn addas iawn oherwydd bod Rhys yn gyn-ddisgybl yn yr ysgol ac hefyd cofiwn amdano yn dod yn ffyddlon i'r Ysgol Sul yn St Twrog gyda'i fam Janet a'i frodyr Owain ac Eilian.

Gobeithiwn wrth edrych ar y darlun y bydd Mrs Jones yn cofio am ei chyfnod gyda ni yn Llanddarog.



When we learnt of the retirement of Mrs Meinir Jones as Headteacher it was decided we needed to mark the occasion with a gift to thank Mrs Jones for her strong support to the Church.

It was very appropriate to commission the artist Rhys Padarn who has a connection with both the school and the Church to design a picture. We wanted to portray that the School is a Church School. The Diocese of St Davids is represented by the Crest and the children in their school uniform as a symbol of all the pupils who have attended the school since 1852.

The colours chosen for the wording are very significant. The red representing the setting sun as Mrs Jones' career at the school draws to an end, and of course the purple, one of the most important colours in the Church calendar.

We hope it will give Mrs Jones hours of pleasure and remind her of her time with us at St Twrog's.

Vilna Thomas

Prince Rupert Hotel, Shrewsbury

Years ago when I was a Provincial Selector with the Church in Wales our meetings were held at the Prince Rupert Hotel in Shrewsbury as did a number of other major committees meet there. It is a very old hotel in the centre of Shrewsbury which has great character. When Huw was reading the Sunday Times last May he was so impressed to find out how this hotel had been involved in housing the Homeless during lockdown. The article heading was "Down and out at the Prince Rupert". This historic Shrewsbury hotel took in 100 homeless guests during the pandemic with one of the guests having been homeless on and off for 40 years.

The Prince Rupert hotel is a Grade Two listed building which is not like a modern hotel that can be closed for months. Behind the walls lay myriad pipes and wires that if not used, could seize up. If hot water didn't flow, the copper and iron pipes would corrode. If the heating wasn't on and air wasn't flowing, mildew and mould would grow.

The owner of the hotel had an excellent Summer coming with lots of bookings for the hotel but then COVID arrived and places would be closed. There were a lot of calls and emails sent offering the hotel to organisations such as the NHS, the police and the fire service. Nobody responded and as you can imagine the owner and his two leading managers were getting very worried and desperate. However, there was a phone call from the local council asking if the hotel was willing for them to house rough sleepers off the streets as the Government had said that because of COVID all of these should be housed. Apparently all other hotels had refused to help out. When asked how many there would be they were told 30 to 40 and even though the government had said they would need to be there for 4 months the council thought it would be a few weeks. The hotel would be given £85 a night per guest for room and board from the council. However, the owner was told that they were very high maintenance and he should only take three or four because of their complex needs, but the owner insisted that they all need a bed and said he would take them all.

The first guest arrived after lunch on Thursday March 19th 2020. He was welcomed like any other guest to the Prince Rupert. He was taken up to his room with his luggage being a dirty rucksack and sleeping bag. When he saw his room with the fluffy towels, the flatscreen TV, tea tray, ornate brass bed with Hypnos mattress, crisp white cotton sheets and

Dorma pillows he couldn't believe his eyes. 'I thought you were just going to give me a sleeping bag and send me out again', he said.

More guests arrived and by the end of March they had 33 residents, many with complex needs.

Over time their guests settled in and grew comfortable with the team, so much so that they started to complain about the food. One guest moaned about the gravy being too thin and he was an armed robber.

The owner and his two managers had moved into the hotel 24/7 to care for these people.

On Easter Sunday 2020 there was a great excitement there as the local branch of Marks and Spencer and Holland & Barrett had delivered an Easter Egg for each resident. Some of them had never had an Easter Egg in their life.

One sunny day in May the owner decided to take one of the residents who showed an interest in cooking with him to Marks and Spencer as they were told they could collect expiring sandwiches, salads, fruit packs that they could put out as snacks. They would also purchase what was needed for the kitchen to prepare the meals. Whilst they were going through their list the homeless resident couldn't understand why they were doing all this as he stated "you have a hotel full of shoplifters - why don't you give us a list every day and we'll organise it for you?".

By June it looked as if the end might be in sight. Coronavirus infections, hospital admissions and deaths were falling. Inside the Prince Rupert the guests were worried. They all began to watch the news and asked the owner if they would be thrown out.

The owner asked the council what would happen to the homeless if he reopened and was told they would have to disperse them. He was horrified and made the decision to continue as a hotel for the homeless, whether or not the council paid. In the end the council agreed to carry on funding homeless guests at the Prince Rupert and sent them a bunch of new arrivals.

However during the summer months the council were opening up some new facilities for the homeless and the hotel was left with only 10 homeless guests so on September 4th the Prince Rupert reopened with the 10 homeless people still in situ. During the first month it was only one

guest who complained and refused to pay because they had homeless guests. The owner replied “They are not homeless, they have an address and that address is here”.

In December with another lockdown looming the hotel remained open just for the homeless.

By March 2021 with more and more people being vaccinated it was time to start preparing for the full and final reopening. The owner and the two managers stood outside to wave goodbye to their last guest, a 62 year old man whose life in the open air started as an environmental protestor. He was off to an old people’s home in a nearby village.

In total 100 homeless people stayed at the hotel over 14 months but the owner and his team would have wished that less of them would have returned to their old lifestyle. However, the local council praised the dedication and perseverance of the hotel team and thought it had made a difference to a large number of the homeless guests. Yet at the end of the day it was the hotel staff who felt that they had benefited the most from this year of very different guests. The owner said “We gave them hope but they gave us something much more”.

What a remarkable story of how a hotelier set out to keep his business above water but at the same time made a difference to so many of his guests lives.

They were treated like proper guests and given a new lifeline.

If you want to read the full story you can purchase the book “The Prince Rupert Hotel for the Homeless” written by Christina Lamb.

If you are ever visiting Shrewsbury it is worth calling in at the Prince Rupert to support them. Or better still why don’t we think of a Parish Pilgrimage to Shrewsbury in 2023 and then we can all stay there.

Jean and Huw Voyle Williams

Clwb Iau

Fe fydd Clwb Iau yn ailgychwyn yn Mis Medi ac fe fydd y dyddiadau a’r manylion i gyd ar Whats App Clwb Iau. / Clwb Iau will meet next in September, all dates and details can be found on Whats App Clwb Iau.

Mothers' Union ~ Undeb y Mamau

Jean welcomed 12 members to the meeting in May. Mair read the 23rd Psalm, Margaret Rees read the lesson and the Vicar led us in prayer. Jean brought us up to date with events and member news, including Doreen Northwood's 90th birthday on 23rd of June and a "garden party" on 9th July arranged by the Gardening Club with proceeds towards projects in the Vicarage garden. She thanked members for the cards, flowers, messages etc., in memory of her mother, Auriol.

Marion Little and Barbara had been asked to bring something special to the meeting and explain why it was special. Marion had chosen a poem, "The Music Makers", by Arthur O'Shaunessy. She had loved it ever since reading it in a copy of Palgrave's Golden Treasury over 60 years ago. Obviously dear to her, as she knew it off by heart.

Barbara had brought a water colour of "Gwyndy", Geoff and Barbara's home for 20 years, and the fulfillment of a long held wish for the good life in the country. Extra special because it was painted by her uncle.

In June Lorna Cecil, (the new MU Vice President for St. Davids Archdeaconery) joined us, with Bella her dog, a King Charles spaniel. An initially reluctant dog owner, the family now have 3 dogs, all having different characters, but Bella is the one best for going into schools with Lorna to help with reading. Lorna is a volunteer in a scheme started by John Burns to help and encourage reluctant readers in a relaxed atmosphere and has been going into Milford Haven Comprehensive for the last 3 years. Bella has her own mat to lie on and Lorna has taught her, with the help of treats, to put her paw on a certain page, or respond appropriately. She told us how some pupils, anonymous, had reacted and benefited, including one boy who refused to read in class, but after time with Bella read with no problem. Amusing and informative.

Debbie and Barbara attended the Diocesan Gathering in Bronwydd on 22nd June, 2- 4pm. Heather welcomed everyone and Glenys led the opening prayers. Wendy gave a clear and comprehensive explanation of accounts. There had been no Diocesan subs for the last two years, but this would start again in the coming year. There are 240 members with 142 paying by Direct Debit. The AFIA caravan holidays had not taken place during Covid and were getting more expensive, so it had been decided to work with Plant Dewi to provide day trips and mini breaks.

Heather welcomed the new Trustees. The Diocese now has 43 branches and has, sadly lost 40 members, but has welcomed 29 new members. We were asked to inform Brenda of any changes.

Safeguarding forms only need to be submitted once if Branch meetings are held in the same place.

Bishop Joanna commissioned Lorna Cecil as Vice President and dedicated the new Diocesan Banner which was on display. Thanks were given to Trixie for all her hard work.

Heather introduced our speaker, Rev. Sophie Whitmarsh, Children, Youth & Families Missioner. She had been appointed in September and started in March. She was planning a five-year strategy based on the parable of the Sower, which she read. Her starting point was "some fell on good ground". We need to make and prepare good soil by building relationships across the Diocese, use LMAs, build networks, communicate, grow and nurture leaders, training to build confidence. She would like to visit to talk about the strategy.

Once the soil is prepared we need to plant the seeds, go into schools, reading, chaplaincy, mentor a child near expulsion. In church try doing things differently, make the most of life events, support food banks and soup kitchens - Faith in Action. She did not get on to Nurturing and Harvesting, but suggested we approach everything as worship and distributed a questionnaire.

Heather said how nice it was to see members from the whole Diocese together again. A card from the Province of Wales had been sent to the Queen on the occasion of her Platinum Jubilee. The Conference being held in Liverpool was titled Reimaging the MU, Enfys and Glenys will attend. She suggested we look up the aims of MU as what we want might not be what we need. There was sadness at the loss of Branches, but now the vine had been pruned there should be more growth. We were reminded of the baby bundles, jumpers and balaclavas for the Sea Farers and AFIA which gave eleven holidays in 2018 but only one last year, not forgetting the Prayer Chain, as prayer is our strength.

The Bishop ended the meeting with a blessing and the Grace.

Our July meeting, on a beautiful evening, took us to Llandyfaelog church, where we were welcomed, with cold drinks and biscuits, by Edwin Atkinson, Eurig Davies and Kath Williams. Edwin gave us the history of St. Maelog, who was not a Welsh saint, and the church, started in the 6th century on the site of a

wooden building. There were several additions and changes over the centuries with the chancel remaining the oldest part. He drew our attention to the beautiful stained-glass windows, particularly the Faith, Hope and Charity window above the altar, by William Morris.

With slides, Eurig gave us a fascinating insight to the life and times of Peter Williams, 1723 - 1796, Annotator and Commentator of the Welsh Bible, buried in the churchyard. At a young age his mother had taken him to hear Griffith Jones preach, and in 1743 he had crept out of school to hear George Whitfield preach in Lammas St. This was a turning point and he took Holy Orders in 1745, although his Methodist leanings were concealed. He started as curate at Eglwys Cymun, though from there and then in quick succession at Llangyfelach and Llangrannog, was dismissed from each for his evangelical style of preaching. He married and lived in Moelfre and then Gelliednais in Llandyfaelog. He befriended Howell Harries and joined the Methodist Association along with Daniel Rowland and Williams Pantycelyn. He overcame the restriction on the Bible being printed in Welsh only in London or by Oxford and Cambridge Universities by adding commentaries to each of the books of the Bible, making them lower in cost and available to the majority of families in Wales. He commenced his writing in 1758 and over his lifetime 18,000 copies of The Peter Williams Bible were published.

We travelled back to the White Hart for a meal to complete an enjoyable evening.

Dates for your Diary

Medi/September 9th

7pm Cymun Bendigaid a Chyfarfod i ddilyn/Holy Communion and meeting to follow.

Medi/September 19th

10.30am Branch representatives meeting at The Ivy Bush.

Hydref/October 13th

7pm Rev. Mary Thorley The Voyle family.

Meetings are held in church unless stated otherwise. New members always welcome. Enquiries to Rev. Jean Voyle Williams 01267 275222



Devonian Sunset

This radiant sky where colours fly,
Above such pastures green,
Those pastel shades above the glades,
As good as I have seen.

Some Turner might have drawn the
scene,
Then painted it ablaze,
Diffusing colours everywhere,
Attracting our gaze.

The colours change and merge once
more,
The fire-filled sky does glow,
That golden sunset gives us pause,
As reds and yellows flow.

The pinks turn red and blues become
A purple bound by gold,
Such wonders in the sky beheld,
As diadems unfold.

This Altar High so natural,
The Sky as Sacrament,
It thrills the mind in ways so kind,
And marks the day as spent.

The setting sun with Evensong,
Those church bells sound away,
Across the hillsides peeling forth,
Towards the close of day.

The Compline Service – candlelit,
O hear those chants and prayers,
They lift us to a place beyond,
And soothe our daily cares.

Then darkness does descend again,
With sounds as of the night,
Which lets us sleep until the dawn,
Await the morning's light.

Professor Bleddyn Jones, July 2022

Bowlio Dan Do Llanddarog Indoor Bowls

Cysylltwch/Contact: Enquiries to Lewis Jones 01267 275593.

Clwb Ffermwyr Ifanc Llanddarog

Mae Clwb Llanddarog wedi bod yn brysur iawn dros y misoedd diwethaf yn cystadlu, dysgu sgiliau newydd a chymdeithasu gydag aelodau ar draws y Sir. Braf yw gweld yr aelodau newydd yn barod i fentro a dysgu sgiliau newydd wrth gystadlu am y tro cyntaf eleni. Mae dyfodol y clwb yn ddisglair!

Diwrnod Gwaith Maes

Angharad Williams fentrodd ar y Stocmon Iau y Flwyddyn eleni a hynny am y tro cyntaf. Llongyfarchiadau mawr iddi a da iawn hi am fynd amdani a dysgu sgil newydd o farnu pedwar math o stoc gwahanol mewn diwrnod.

Ellis a William aeth amdani yn y gystadleuaeth Fferm Ffactor a dod yn 4ydd. Roedd yn rhaid iddynt wneud cwis ar amaethyddiaeth a dyfalu pa eitemau amaethyddol oedd yn cuddio yn y bwcedi.

Rali y Sir

Ar y 14eg o Fai heidiodd y Clwb i lawr i Faes y Sioe, Nantyci yn barod ar gyfer diwrnod o gystadlu.

Roedd y cystadlaethau Barnu Stoc wedi digwydd cyn y diwrnod Rali a braf oedd gweld nifer o aelodau'r clwb yn mynd ati i farnu gwartheg, defaid a cheffylau. Llongyfarchiadau mawr i Angharad Williams, Rhys Griffiths, Tomos Davies, Llyr Griffiths, Antonia Foster-Middleton, Carys Phillips a Ffion Howells am gystadlu mewn cystadlaethau o safon uchel iawn.

Gosod blodau oedd un o gystadlaethau cyntaf y diwrnod, gydag Einir Rees yn cystadlu yn yr adran o dan 16 a Rhys Griffiths yn cystadlu yn y gystadleuaeth NFYFC o dan 21 ac yn llwyddo i gipio'r wobwr gyntaf. Llongyfarchiadau mawr iddo a phob lwc ar lefel Cenedlaethol yn Malvern mis Medi.

Cystadleuaeth newydd eleni oedd Sialens Sgiliau ar y Sbot. Ar gyfer yr adran iau roedd yn rhaid i un unigolyn i newid dillad gwely ac un yn pilio tatws. Erin, Gwenno, Iestyn ac Ellis rhoiodd gynnig arni eleni. Da iawn chi. Ac roedd yn rhaid i aelodau'r adran hŷn i dorri torth o fara a roi menyn ar bob tafell ac un i blethu cortyn. Ffion Howells, Iwan Davies, Menna

Isaac a Daniel Thomas aeth amdani eleni, da iawn chi am fentro a dysgu'r sgil newydd o blethu yn defnyddio 5 cortyn gwahanol.

Tasg y Gwersyllwyr Galluog eleni oedd gosod tent a berwi wy yn yr amser cyflymaf. Da iawn i lolo, Tomos a Llyr am ddod yn 4ydd mewn cystadleuaeth o safon uchel. William Richards aeth amdani am y tro cyntaf i baratoi llo godro a llongyfarchiadau mawr iddo am gipio'r wobr gyntaf. Aeth y Tîm Tynnu'r Gelyn Iau amdani eleni eto a da iawn nhw am ddod yn 3ydd mewn cystadleuaeth agos iawn.

Cystadleuaeth sydd yn rhaid i bob clwb i wneud bob blwyddyn yw Gêm y Cenedlaethau 'Generation Game'. Catrin a Lowri, a Sion a Llyr Campbell gystadlodd yn yr adran iau, a'r tasgau gosod oedd un i dynnu llun o Nigel Owens ar ffurf 'caricature' ac un arall i greu adeilad fferm allan o falws melys. Tasgau yr adran hŷn oedd un i gerfio sebon, ac un arall yn gorfod gwino zip ar ddefnydd. Da iawn i Elin a Tomos am gystadlu ac i Ffion a Lowri Anderson am ddod yn 5ed allan o 22 tîm.

Mae cystadlaethau y gwaith coed bob tro gwerth gweld ac eleni y dasg oedd creu bocs aderyn. Roedd dau dîm yn cystadlu gyda ni, Macs Davies a Jac Ifan Owens a Llyr Griffiths a Morgan Davies. Cystadleuaeth arbennig o safon uchel. Da iawn chi fechyn! Gruff a Steffan aeth amdani i ddysgu sgil newydd eleni o deilo wal. Da iawn chi, sgil arbennig i ddysgu a dw i'n siwr fydd yn ddefnyddiol yn y dyfodol. Lowri Isaac gipiodd yr 2il wobr yn y gystadleuaeth crefft, roedd yn werth ei weld, ac werth yr oriau o waith caled. Menna Isaac aeth ati i gwmpasu taith y clwb dros y flwyddyn a chreu Llyfr Lloffion a dod yn 4ydd. Da iawn ti a braf fydd edrych yn ôl dros y llyfrau lloffion yma yn y dyfodol. Cerys Morgan weithiodd yn galed i ddysgu'r sgil o greu penwast a gwneud yn arbennig o dda mewn cystadleuaeth o safon uchel.

Cystadleuaeth mae pawb yn mwynhau gweld yw'r Gwisgo Fyny. Y dasg oedd i greu eitem byddech chi fel arfer yn gweld ar fferm ond nid oedd yn gallu bod yn anifail. Einir a Gwenno a ddefnyddiodd ei sgiliau crefft i greu peiriant amaethyddol ac roedd yn werth ei weld, da iawn chi! A chriw o ferched hŷn y clwb camodd ar y llwyfan i gystadlu yn y canu grŵp a dod yn 3ydd.

Diwrnod llwyddiannus dros ben a braf iawn oedd gweld holl glybiau'r Sir nôl at ei gilydd a Maes y Sioe yn llawn bwrlwm o aelodau yn cystadlu. Ymlaen i flwyddyn nesaf!

Cyfarfod Blynyddol y Clwb

Cafwyd cyfarfod llwyddiannus iawn unwaith yn rhagor a braf yw ethol

swyddogion newydd ar gyfer y flwyddyn 2022-23.

Cadeirydd – Iwan Davies; Is-gadeiryddes – Ffion Anderson;
Ysgrifenyddes – Menna Isaac; Trysoryddion – Ffion Howells a Lowri
Isaac; Llongyfarchiadau mawr i bob un ohonynt.

Mae'r aelodau yn edrych ymlaen i gael hoi fach dros yr haf a mwynhau'r
tywydd braf a gwyliau'r ysgol. Pob hwyl i bawb sydd yn derbyn ei
canlyniadau TGAU a Lefel A yn ystod mis Awst. Edrychwn ymlaen i
wahodd aelodau hen a newydd i'n plith yn ein noson agoriadol ar y 5ed o
Fedi yn Neuadd Llanddarog.

Eisiau ymuno gyda ni mis Medi? Cysylltwch gyda Menna Isaac ar
c.ff.i.llanddarog.y.f.c@gmail.com

Wednesday Craft Group

Our Group meets on 2nd, 4th & 5th Wednesdays each month between 2-
4pm at Heolddu Farm.

In recent weeks we have explored Origami, Macrame starting with
keyrings, ribbons and card making as well as items for our scrapbooks.

For more details contact: Elizabeth phone 01269 832569 or email
heolddufarm@outlook.com.

Gardening Club

We held a successful fundraising event for our current project in the
Vicarage Garden, which we hope to complete by the end of this year
ready for 2023.

We meet on the third Wednesday each month 2-4pm at Jenny's, in her
garden weather permitting, to discuss gardening in general and our
current project. We also exchange plants, cuttings and seeds.

Chairperson: Jenny 07562 278445; Secretary: Elizabeth 01269 832569

Llanddarog Show July 2022

Show Committee members wish to extend a heartfelt thank you to the
local community for supporting this years' Llanddarog Show, which took
place on Saturday 25th June and was a thoroughly enjoyable event, with a
special 'thank you' to the Stewards and Judges, without whom the show
would not have been possible. Chairman Mansel Morgan welcomed
visitors and President Mrs Daphne Evans, who spoke beautifully in
honour of our late President, and one of the founder members of the
show, Mr Selwyn Evans, in addition to the tribute paid to Mr Selwyn
Evans in the show schedule. Despite the weather forecast for the day,

and the very heavy downpours during the early part of the morning, the sun turned up just in time, and brought with it a wonderful turnout of friends old and new, as well as exhibitors from far afield in every section. Following two cancelled shows due to COVID-19, it was wonderful to see the community back together again, enjoying a fun-filled and interesting day, completed with a tug of war competition between teams from various groups within the community.

Thank you to the Prince of Wales, Porthyrhyd, for hosting an evening of good food on Saturday the 2nd July, during which Committee members had the opportunity to thank the many people who had helped in the lead-up to the show and on the day itself.

The Committee is also grateful to Mr and Mrs Rees Ty'r Llain, for their generous donation from proceeds of their Open Garden.

The Annual Dinner will be held on Friday the 23rd of September, at the Emlyn Arms Llanarthne.

For further information please contact Claire Williams on Secretary@sioellanddarogshow.co.uk or on 07854 838524.

Knit and Natter

We are still working on the poppy display – putting in more poppies. If there is anything you feel we could knit to support a particular charity please let us know. Cysylltwch/Contact Margaret Rees on 275479 if you would like to join us.

Our meetings continue to be held in members' homes and the hosts for this quarter will be:

4 August	Pam	15 September	Jenny
18 August	Slavka	6 October	Margaret Morris
1 September	Elizabeth	20 October	Mo

Merched y Wawr

Ein gwestai yn mis Ebrill oedd Mirain Alaw Jones, wyres Megan Williams. Mae Mirain yn byw yng Nghaerdydd ac yn gweithio ar Bobol Y Cwm fel golygydd sgriptiau. Drwy gyfrwng lluniau a sylwebaeth gwnaeth Mirain sôn am ei phrofiadau teithio yn yr India, yn gwirfoddoli yn dysgu Saesneg i blant yn De'r wlad. Treiliodd amser yn teithio'r Gogledd gan fwynhau'r golygfeydd a gwahanol ffyrdd o fyw yn y wlad. Roedd pawb wedi mwynhau noson ddifyr yn ei chwmni.

Roedd 17 aelod yn bresennol yn ein Cyfarfod Blynyddol yn Mis Mai ac ail etholwyd y Swyddogion ar gyfer 2022 – 2023. Buom yn brysur yn trefnu rhaglen gyda syniadau ar gyfer y flwyddyn nesaf.

Mehefin 16eg ar ddiwrnod braf o hâf aethom ar ein taith flynyddol i Aberaeron.

Cafwyd amser i siopa a chael clonc yng nghwmni'n gilydd ac yna galw yn Y Moody Cow, Llwynceilyn ar y ffordd gartref am bryd o fwyd.

Edrychwn ymlaen at Fis Medi pan fydd ein Llywydd Cenedlaethol Jill Lewis yn dod i siarad a chymdeithasu gyda'r aelodau, ac yna Mis Hydref bydd ein Noson Goffi.

Mae gwahoddiad a chroeso i aelodau newydd ymuno gyda ni yn Gangen Merched Y Wawr, am fwy o fanylion cysylltwch â Eirwen Jones, Ysgrifenyddes ar 01267 275593.

Neuadd y Pentre Llanddarog Village Hall

Llanddarog hall is now open. Contact Mair Davies 01267275271.

Porthyrhyd & Llanddarog Pensioners Society

When this edition is published, we will have returned to Neuadd Fach for our AGM and Strawberry Tea on 19th July, having been delayed by 2 weeks due some members testing positive for Covid.

It was a joy in June to visit Scolton Manor and Tenby, following our May visit to Clyne Gardens and Oystermouth.

In August we plan to visit Myddfai for a talk and afternoon tea. On September 6th we again meet in Neuadd Fach at 2pm and on the 20th a trip to Brecon Mountain Railway is scheduled. In October we will celebrate a Harvest Thanksgiving before winter is upon us - hoping we all stay safe and well until then.

Enquiries to Marion Little 01267 275507.

Porthyrhyd, Y Neuadd Fach

Cysylltwch/Contact Mair Evans 01267 275411 or e-mail mairevans@hotmail.com or 01267 275730.

Llanddarog and District Women's Institute

What a joy to have the Llanddarog Show again - one more step to normality! Thank you to everyone who supported our stall.

Our meetings too have returned to the intimacy of the Village Hall committee room, where the members feel at home. Our speaker for July, Petra Wood has delayed her visit till September when as a Homeopathist

will advise us of her craft. On 3rd August we meet at Celia's garden for a Strawberry Tea at 3pm, when a fine day weatherwise is all we ask.

In October Mrs Marie Seymour will join us to demonstrate some of her wonderful craft work.

Hoping we haven't melted in the heat of summer we look forward to an interesting Autumn.

Any inquiries please contact Margaret 275946 or Marion 275507.

Talking About the Weather

We've been having some very hot weather lately and cannot be sure how long it will last – let's just say, we're not used to it being that hot in the UK! But how often do we talk about the weather, particularly when we are opening up conversations or sometimes when we are stuck for something to say? So I thought I would look up where some of our traditional sayings come from. I've taken this from the Internet:

Ever heard the saying, "Red sky at night, sailor's delight"? Long before meteorologists reported the weather, people made forecasts based on their observations of the sky, animals, and nature. Here are some weather sayings—and what they mean.

"Red sky at night, sailors delight. Red sky in morning, sailors take warning."

A sunset that is deep red often comes with high pressure and dry weather. In the morning, a red sky can indicate that the rising sun's light is refracting through a lot of clouds that could bring changing weather.

"Clear Moon, frost soon."

When the night sky is clear, Earth's surface cools rapidly—there is no cloud cover to keep the heat in. If the night is clear enough to see the Moon and the temperature drops enough, frost will form. Expect a chilly morning!

"If there's a halo around the sun or moon, expect rain quite soon."

This saying, or variations of it, refers to refraction of light around ice crystals in cirrus clouds, often the first type of clouds in a storm front.

DYDDIADAU AR GYFER Y DYDDIADUR / DATES FOR YOUR DIARY

Mae'r wybodaeth yma yn gywir ar hyn o bryd. Fe gewch wybod os bydd unrhyw newid / These are correct at present. You will be informed if we have to make any changes

Awst/August

- 7 Dydd Sul/Sunday Drindod/Trinity 8**
9.30am Cymun Bendigaid/Holy Communion (*Bilingual/Dwyieithog*)
- 14 Dydd Sul/Sunday Drindod/Trinity 9**
9.30am Cymun Bendigaid/Holy Communion (*Bilingual/Dwyieithog*)
- 21 Dydd Sul/Sunday Drindod/Trinity 10**
9.30am Cymun Bendigaid/Holy Communion (*Bilingual/Dwyieithog*)
- 28 Dydd Sul/Sunday Drindod/Trinity 11**
9.30am Cymun Bendigaid/Holy Communion (*Bilingual/Dwyieithog*)

Medi/September

- 4 Dydd Sul/Sunday Drindod/Trinity 12**
9.30am Cymun Bendigaid (*Cymraeg*)
5.00pm Evensong (*English*)
- 6 Dydd Mawrth/Tuesday**
9.00am Gwasanaeth yn Ysgol yr Eglwys yng Nghymru Llanddarog
- 7 Dydd Mercher/Wednesday**
9.15am Gwasanaeth yn Ysgol Llangyndeyrn
- 8 Dydd Iau/Thursday**
7.00pm Cymun Bendigaid Undeb y Mamau a cyfarfod i ddilyn/
MU Holy Communion and a meeting to follow
- 11 Dydd Sul/Sunday Drindod/Trinity 13**
9.30am Boreol Weddi (*Cymraeg*)
5.00pm Holy Communion (*English*)
- 13 Dydd Mawrth/Tuesday**
9.00am Gwasanaeth yn Ysgol yr Eglwys yng Nghymru Llanddarog
10.00am Boreol Weddi/Morning Prayer (*Bilingual/Dwyieithog*)
- 14 Dydd Mercher/Wednesday**
9.15am Gwasanaeth yn Ysgol Llangyndeyrn
- 18 Dydd Sul/Sunday Drindod/Trinity 13**
9.30am Cymun Bendigaid/Holy Communion (*Bilingual/Dwyieithog*)

- 19 Dydd Llun/Monday**
10.30am MU Deanery Meeting
- 20 Dydd Mawrth/Tuesday**
9.00am Gwasanaeth yn Ysgol yr Eglwys yng Nghymru Llanddarog
- 21 Dydd Mercher/Wednesday**
9.15am Gwasanaeth yn Ysgol Llangyndeyrn
- 25 Dydd Sul/Sunday Drindod/ Trinity 15**
9.30am Cymun Bendigaid (*Cymraeg*)
11.00am Holy Communion (*English*)
- 27 Dydd Mawrth/Tuesday**
9.00am Gwasanaeth yn Ysgol yr Eglwys yng Nghymru Llanddarog
- 28 Dydd Mercher/Wednesday**
9.15am Gwasanaeth yn Ysgol Llangyndeyrn
- 29 Dydd Iau/Thursday**
6.30pm Gwasanaeth Diolchgarwch am y Cynhaeaf (*Cymraeg*) gyda lluniaeth i ddilyn.
Pregethir gan Rhian Morgan Llandeilo

Hydref/October

- 1 Dydd Sadwrn/Saturday**
10.00am Cynhadledd Esgobaethol/Diocesan Conference Nantyffin Hotel
- 2 Dydd Sul/Sunday Drindod/Trinity 16**
11.00am Harvest Eucharist (*English*)
Guest Preacher Revd Phillip Johnes
- 4 Dydd Mawrth/Tuesday**
9am Gwasanaeth yn Ysgol Gynradd Yr Eglwys Yng Nghymru Llanddarog
- 5 Dydd Mercher/Wednesday**
9.15am Gwasanaeth yn Ysgol Llangyndeyrn
- 9 Dydd Sul/Sunday Drindod/Trinity 17**
9.30am Boreol Weddi (*Cymraeg*)
5.00pm Holy Communion (*English*)

- 11 Dydd Mawrth/Tuesday**
 9.00am Gwasanaeth yn Ysgol Gynradd Yr Eglwys Yng Nghymru
 Llanddarog
 10.00am Gwasanaeth Boreol Weddi/Morning Prayer
- 12 Dydd Mercher/Wednesday**
 9.15am Gwasanaeth yn Ysgol Llangyndeyrn
- 13 Dydd Iau/Thursday**
 7pm Undeb y Mamau/Mothers' Union
 Speaker Revd. Mary Thorley
- 16 Dydd Sul/Sunday Drindod 18/Trinity 18**
 2.00pm Gwasanaeth i ddathlu 40 mlynedd o weinidogaeth
 Jean Voyle Williams i Eglwys Sant Twrog gyda te yn dilyn yn
 Neuadd Y Pentref Llanddarog/A service to celebrate 40
 years of Jean Voyle Williams' ministry to St Twrog's Church.
 Tea to follow at the Village Hall.
- 18 Dydd Mawrth/Tuesday**
 9.00am Gwasanaeth yn Ysgol Gynradd Yr Eglwys Yng Nghymru
 Llanddarog
- 19 Dydd Mercher/Wednesday**
 9.15am Gwasanaeth yn Ysgol Llangyndeyrn
- 23 Dydd Sul/Sunday Sul y Beibl/Bible Sunday**
 9.30am Cymun Bendigaid (*Cymraeg*)
 11.00am Holy Communion (*English*)
- 25 Dydd Mawrth/Tuesday**
 10.00am Boreol Weddi/Morning Prayer
- 27 Dydd Iau/Thursday**
 7.00p.m Undeb y Mamau/MU Quiz on Zoom
- 30 Dydd Sul/Sunday Teyrnas/Kingdom 1**
 11.00am Gwasanaeth Conffyrmasiwn gyda Esgob Joanna yn Eglwys
 Sant Twrog/ Confirmation Service with Bishop Joanna at St
 Twrog's Church.

**GWASANAETHAU'R SUL YN EGLWYS Y PLWYF
SUNDAY SERVICES IN THE PARISH CHURCH**

Sul/Sunday 1	Cymun Bendigaid	9.30 am	Evensong	5 pm
Sul/Sunday 2	Boreol Weddi	9.30 am	Holy Communion	5 pm
Sul/Sunday 3	Cymun Bendigaid/Holy Communion (Dwyieithog/Bilingual)			9.30 am
Sul/Sunday 4	Cymun Bendigaid	9.30 am	Holy Communion	11 am
Sul/Sunday 5	Cymun dwyieithog gyda eglwysi Llanarthne ac Llangyndeyrn / Bilingual Holy Communion with the Llanarthne and Llangyndeyrn Churches. Lluniaeth i dilyn / Refreshments to follow			10 am

Swyddogion St Twrog Church Officials

Wardeniaid / Wardens	Mrs Mair Rees Mr Huw Voyle-Williams	275396 275222
Trysorydd / Treasurer	Mr Robert Jones	275756
Ysgrifennydd / Secretary	Miss Vilna Thomas	275372
Undeb Y Mamau / Mothers' Union Ysgrifennydd / Secretary Ysgrifennydd Cynorthwyol / Assistant Secretary Trysorydd / Treasurer	Mrs Mair Rees Elizabeth Wills Mrs Margaret Rees	275396 01269832569 275479
Clwb Iau	Mrs Helen Beynon Mrs Sian Plimmer Mrs Maria Jones	07761083414 07528378374
Glanhauwraig / Cleaner	Mrs Pam Roper	275656
Swyddog Diogelwch Iechyd / Health & Safety Officer	Mr Huw Voyle Williams	275222
Swyddog Diogelu / Safeguarding Officer	To be appointed in the near future	
Cydlynnydd Y Wefan / Website Coordinator	Mrs Margaret Rees	275479