

Tafod Twrog

Rhif/No 95

Chwefror/Mawrth/Ebrill 2024
February/March/April 2024



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Dear Friends

Today, an increasing number of people feel disconnected from each other, from the world, and from a hopeful future. This is a major problem for our spiritual and mental well-being as a society. Many are struggling to find a sense of belonging, and wonder if they fit in, and what their purpose is in this life. A cloud of apathy hangs over many as they fail to find meaning in their lives. They don't know where they are heading or why.

In the "Alice in Wonderland" book by Lewis Carroll there is a conversation between Alice and a cat: -

The cat says to Alice: "Where are you going?"

Alice replies: "Which way should I go?"

And the cat says: "That depends on where you are going."

But Alice says: "I don't know."

And the cat says: "Then it doesn't matter which way you go."

There are many in our culture like Alice, who are muddled in their thoughts, and who do not know where they are going. And even though the cat in the story says, "It doesn't matter which way you go" – in reality it does matter. We need to know where we are going. We need meaning, purpose, and direction in our lives.

Jesus Christ is the one who gives us that meaning, purpose and direction. It is only in Christ that the meaning crisis of modern life can be answered. Jesus Christ is the way, the truth, and the life. It is precisely in Christ that our human existence finds fulfilment.

As we ponder Christ's journey from the Crib to the Cross and his burning love for humankind as he poured out his sacred heart for the life of the world: may we be flooded with the conviction of being passionately loved even with all our weaknesses and deficiencies. And may we become what God desires us to be and so know our purpose in life and become ourselves living, burning coals of divine love: passionate in our desire to serve Christ and play a worthwhile role in our community, and strengthen our relationships and bonds with one another. By embracing God's purpose in our lives, we will no longer feel that we are disconnected from each other, and we will find true hope in our hearts, even eternal hope.

"We were born to unite with our fellow men, and to join in community with the human race."
Marcus Tullius Cicero

“Love cannot remain by itself – it has no meaning. Love has to be put into action and that action is service.”
Mother Teresa

Every blessing in Christ

Canon Chancellor Dewi Roberts

Y Ficerdy

Annwyl Gyfeillion

Heddiw, mae nifer cynyddol o bobl yn teimlo eu bod wedi'u datgysylltu oddi wrth ei gilydd, oddi wrth y byd, ac oddi wrth ddyfodol gobeithiol. Mae hon yn broblem fawr i'n lles ysbrydol a meddyliol fel cymdeithas. Mae llawer yn ymdrechu i ddod o hyd i ymdeimlad o berthyn, ac yn meddwl tybed a ydynt yn ffitio i mewn, a beth yw eu pwrpas yn y bywyd hwn. Mae cwmwl o ddifaterwch yn hongian dros lawer wrth iddynt fethu â dod o hyd i ystyr yn eu bywydau. Nid ydynt yn gwybod i ble maent yn mynd na pham.

Yn y llyfr 'Alice in Wonderland' gan Lewis Carroll mae yna sgwrs rhwng Alice a chath: -

Mae'r gath yn dweud wrth Alice: “Ble wyt ti'n mynd?”

Atebodd Alice: “Pa ffordd ddylwn i fynd?”

Ac mae'r gath yn dweud: “Mae hynny'n dibynnu ar ble rydych chi'n mynd.”

Ond dywed Alice: “Wn i ddim.”

Ac mae'r gath yn dweud: “Yna does dim ots pa ffordd yr ewch chi.”

Mae yna lawer yn ein diwylliant fel Alice, sy'n ddryslyd yn eu meddyliau, ac heb wybod i ble maen nhw'n mynd. Ac er bod y gath yn y stori yn dweud, “Does dim ots pa ffordd yr ewch chi” - Mewn gwirionedd mae o bwys. Mae angen inni wybod i ble rydym yn mynd. Mae angen ystyr, pwrpas, a chyfeiriad yn ein bywydau.

Iesu Grist yw'r un sy'n rhoi'r ystyr, y pwrpas a'r cyfeiriad hwnnw inni. Dim ond yng Nghrist y mae argyfwng ystyr ein hoes fodern yn medru cael ateb. Iesu Grist yw'r ffordd, y gwirionedd, a'r bywyd. Yng Nghrist yn unig y mae ein bodolaeth ddynol yn dod o hyd i foddhad.

Wrth inni fyfyrto ar daith Crist o'r Preseb I'r Groes a'i gariad angerddol at ddynolryw yn arllwys ei galon sanctaidd dros fywyd y byd: bydded i ni orlifo â'r argyhoeddiad o gael ein caru yn angerddol, er ein holl holl wendidau a'n diffygion. A boed inni ddod yr hyn y mae Duw yn dymuno inni fod gan wybod ein pwrpas mewn bywyd a bod ein hunain megis marwor tânllud o gariad dwyfol: yn angerddol yn ein hawydd i wasanaethu Crist a chwarae rhan gwerth chweil yn ein cymuned, a chryfhau ein perthynas a'n cysylltiadau â'n gilydd.

Trwy gofleidio pwrpas Duw i'n bywyd, ni fyddwn mwyach yn teimlo ein bod wedi dadgysylltu oddi wrth ein gilydd, a darganfyddwn wir obaith yn ein calonnau, hyd yn oed gobaith tragwyddol.

“Cawsom ein geni i uno â'n cyd-ddynion, ac i ymuno mewn cymuned â'r hil ddynol.”
Marcus Tullius Cicero

“Ni all cariad aros ar ei ben ei hun - nid oes iddo ystyr. Mae'n rhaid rhoi cariad ar waith a gwasanaeth yw'r weithred honno.”
Y Fam Teresa

Pob bendith yng Nghrist
Canon Canghellor Dewi Roberts

Editorial

Thank you to everyone who has responded to my requests for articles and information. It seems as though its only last week that I was asking everyone for the last edition articles – doesn't time fly!

I was so pleased to be able to go to the three Plygain services with the Plygain singers. The singing and fellowship at all the events were a joy. It was the first Plygain that had been held for many years in St Fagan's, Trecynnon, and members there were concerned not many would join them, but it was very well attended with a very full church and lovely food afterwards.

It was good to see the Clwb Iau children and parents participating in the afternoon service on Christmas Eve. They seemed to be having a really good time!

Could I have articles for the next edition of Tafod Twrog, covering May, June and July, by 14th April 2024.

Margaret Rees
reesmargaret@outlook.com

Altar Flower Rota

4th/11th February Mrs A Davies, Treventy Road, Foelgastell

No flowers during Lent

31st March/7th April Mrs Eirwen Davies, Is-y-Llan

14th/21st April Mrs Enfys Davies, 1 Pontfaen Cottage

Bedydd/Baptism

10.12.2023 Tabitha Rose Waldron, Llethr Llestri Lodge, Landdarog

10.12.2023 Edward James Waldron, Llethr Llestri Lodge, Llanddarog

Priodas/Marriage

Yn y cwarter diwethaf ni fuodd yna briodas / No marriages were held in the church in the last quarter.

Angladd/Funeral

Cofiw'n yn gariadus am bawb a fu farw yn ddiweddar; ac am bawb y mae tymor eu coffhad yn syrthio yr adeg hon o'r flwyddyn. Bydded i'r ffyddloniaid ymadawedig orffwys mewn hedd a chyfodi mewn gogoniant. / We remember with love all those who have died recently and those whose anniversaries fall at this time of the year. May the faithful departed rest in peace and rise in glory.

Rose Rees

The funeral of Rose Rees Wernfraith took place at St Twrog Church on Saturday November 18th. She was greatly respected by all who had the privilege of knowing her, a humble and sincere lady.

Rose was born at Llwyncalenig farm Alltwalis on the 7th of July 1937. She was one of four children, one older sister Mair and two younger brothers. She worked on the family farm after leaving school. Pan yn ifanc roedd ei bywyd yn troi o gwmpas gweithgareddau y capel a mynd i dref Caerfyrddin ar Nos Sadwrn.

Rose met Gwilym at the YFC rally at Carmarthen Park. They married on the 27th July 1957 and had been married for 66 years. They had two children Susan and Hugh and she farmed diligently at Wernfraith for all those years. She loved being with the animals and treated them like pets, they were all so important to her, yes a part of the family.

Rose worked extremely hard and was not afraid of hard work. A dream does not become reality through magic; it takes sweat, determination and hard work and Rose certainly had those qualities. Her life was her family and the farm and the icing on the cake for Rose was the birth of Einir who she adored. For all of us who knew Rose we remember that warm smile, a smile that Einir has inherited from her mamgu. Someone once said "Make the world a better place with your smile". Mother Teresa said "Peace begins with a smile. Share your smile with the world" and Rose

certainly did that. The staff of Prince Phillip hospital commented on her smile as she shared that smile with others to the bitter end.

As a hardworking farmer's wife Rose always found time to look after her family and would happily support both Susan and Hugh with everything they did at Llanddarog YFC and also at county level and was so proud of their achievements.

She enjoyed having the company of other club members at Wernfraith whether it be practicing for public speaking competitions or preparations leading up to the annual rally.

Rose also enjoyed her garden, especially flowers and she also enjoyed watching television - that was her relaxation, but again her favourite programmes were linked to farming and agriculture.

Roedd yn mwynhau ei chartref ond ambell waith fe fyddai yn mwynhau ymweld â gwahannol bethau. Rose enjoyed dressing up for the occasion and would attend Agricultural Shows, weddings, shopping trips or a trip to the beach but would always be ready to get back home to Wernfraith to get into her everyday clothes or as she would say "dillad bob dydd".

She also along with Gwilym had a few trips to London and they both went on the QE2. They saw an advert on Farmers weekly to visit a farm in France and off they went and also visited the Normandy beaches. So Rose did have an adventurous side to her

Believe it or not Rose was also a very good card player and when whist drives were popular she would go to the local ones in Llanddarog, Llangyndeyrn and Llandyfaelog.

I think that the quotation from Thomas Hardy describes Rose's character:

"The perfect woman, you see, is a working woman, not an idler, one who uses her hands and her head and her heart for the good of others".

We sympathise with the family in their bereavement and may Rose rest in peace and rise in glory. Coffa da am Rose a bydded iddi orffwys mewn hedd a chyfodi mewn gogoniant.

Jean Voyle Williams

Cleifion/The Sick

Gweddiwch dros bawb sy'n glaf mewn ysbryd, corff, neu feddwl, gartref neu mewn ysbyty/Please pray for the sick in body, mind or spirit at home

or in hospital – gan gynnwys/including: Doreen Rees, Cindy Andrews, Marilyn Jones, Peg Harries, Gwyn Morris, Mags Rees, , Eirwen Davies, Doreen Northwood, Vivian Rees, Wyn Evans. Please inform the wardens if someone falls ill or is in hospital.

Faithfull Departed

Ann Davies, Pontfaen (due to our publishing date, we will say more about the sad loss of Ann Davies in the next editions).

Mothers' Union ~ Undeb y Mamau

Members had been invited to bring or talk about something special at our November meeting. Margaret Rees had brought a poem by Pam Ayres, humorous, but with a serious side, comparing church aisles with Tesco aisles. Marion Little also brought a poem. Debbie brought photos and spoke of her sister who sadly died young. Margaret Morris had brought a plaque and handbag she had exchanged with her sister, who had died 21 years ago, which she couldn't bear to get rid of. The photo on the wall of the Puxley chapel featuring Jean, Vilna and Wendy caused some laughter. Rev. Harold Rees had persuaded them to enter a TV competition between churches and chapels from all over Wales, although they were the only ones from a church. They ended up against a chapel from North Wales who were very good, eventually winning the whole competition. Our team were not happy to make the front page of the Carmarthen Times announcing they had lost.

Jean and Huw had found a bill, dated 1937, for the cost of coffin and conveyance to church for her aunt, who was also Jean. They also had a 1936 newspaper report of the funeral of Mrs. Roderick, a faithful member of the church, with a long list of those who attended. Kate remembered a man pushing her in a pushchair, and her shoe going into a lake. Years later she asked her mother about the incident. Her mother couldn't believe Kate could remember it as she was only 2 at the time, the man was her grandfather. There was a lot of reminiscing about past vicars, organists and church characters.

Five members attended the Archidiaconal Gathering in Llandybie church on 25th November when two members of staff from Plant Dewi explained the various projects and thanked MU for their support of Baby Bundles.

13th December saw five Llanddarog members joining "Deanery" Branches for an Advent service led by Father Jim, organist Bryan Witt, in St. Mary's Kidwely. A warm welcome with refreshments to follow in the hall, but a very cold church as the boiler was broken. We were much warmer the following evening when we met in The Butchers for our Christmas dinner, enjoyed by all.

January was our AGM on Zoom. Jean welcomed everyone and led the prayers. She reported on the previous year when we welcomed four new members, making 34 in total, including indoor members. Sadly, Rosemary had died during the year and we had missed Gill Lewis at meetings due to her ill health, we wish her better health in the near future. We think of Helen Beynon, one of our new members, William and the family at this time. The collection at the Plygain service will go to Felindre Hospital which they have found so supportive. Jean outlined hopes and plans for the coming year and thanked members for their support:- Vilna for the press reports, secretary Mair, Elizabeth for printing the programme and Margaret for looking after our finances.

Barbara gave a review of the "Deanery" events for the past year and Margaret gave an overview of our finances, subscriptions, collections, boxes and where the money goes.

Canon Dewi finished the meeting with a short talk about Frances Ridley Havergill, a poet, who wrote the hymn, "Take my life and let it be consecrated Lord to Thee". She was totally devoted to Christ. Her father was a Vicar and brought up in a Victorian English vicarage she could read the Bible by the age of four, memorizing much of it. She studied Hebrew, learnt Greek with her father and could speak

German. Canon Dewi finished by reading one of her poems, "Another day is dawning".

Dates for your Diary

February/Chwefror

Thursday 1st Archidiaconal Jesse Tree service in Llanfair church, Cwmgors at 2pm

Thursday 8th Nicola Davies, Trading Standards Officer, talking about "Scams"

Thursday 22nd MU Quiz on Zoom

Sunday 25th Wave of prayer

March/Mawrth

Thursday 14th Celebrating our Patron Saint

Thursday 28th Maundy Thursday Cleaning shoes outside Llanddarog and Porthyrhyd Post Offices from 9am till 11 am.

Thursday 28th 7pm Holy Communion (Bilingual)

April/Ebrill

Thursday 11th Karen Daniels from Women's Aid

Meetings are in Church at 7pm unless stated otherwise. New members always welcome. Enquiries to Rev. Jean Voyle Williams 01267 275222

Newyddion Ysgol Llanddarog

Daeth tymor prysur yr Hydref i ben ym mwrlwm dathliadau'r Nadolig. Cynhaliwyd Ffair Nadolig lwyddiannus yn y neuadd bentre ar ddiwedd mis Tachwedd lle roedd amrywiaeth o stondinau yn gwerthu pob math o nwyddau Nadoligaidd deniadol a Sion Corn yn brysur iawn yn ei groto. Diolch i bawb am gefnogi'r noson ac i aelodau'r Gymdeithas Gyfeillion a'r holl rieni am eu gwaith caled a'u brwdfrydedd i lwyddiant y noson.

Ar 12fed o Ragfyr cynhaliwyd Gwasanaeth Nadolig arbennig iawn gan y disgyblion yn Eglwys Sant Twrog. Wrth ddilyn hanes stori'r Geni trwy gyfres o

storïau, cerddi a charolau cawsom ddau wasanaeth hyfryd iawn oedd yn rhoi gwir neges y Nadolig i ni gyd. Braf oedd gweld yr eglwys yn llawn gyda theuluoedd, ffrindiau a phobl y pentref wedi dod i gefnogi'r disgyblion. Diolch i'r Ficer a'r Parchedig Jean Voyle Williams am ein croesawu ni gyd ac hefyd i Mrs Gayle Davies a Mr Gethin Saunders am hyforddi a chefnogi'r disgyblion gyda'r eitemau offerynnol. Casglwyd £530 ar gyfer Teenage Cancer Trust yn ystod y casgliad.

Fe fu disgyblion y Cyfnod Sylfaen yn brysur yn ysgrifennu llythyron at Sion Corn ac fe wnaethon yn siwr eu bod yn cael eu postio trwy fynd am dro i Swyddfa Bost Llanddarog i'w postio eu hunain. Gobeithio'n wir eu bod wedi cyrraedd yn ddiogel! Wrth gwrs ni fyddai diwedd tymor yr un peth heb alwad gan Sion Corn i'r ysgol ac yn ystod parti'r Nadolig dyma fe'n galw heibio i ddosbarthu anrhegion i'r disgyblion i gyd. Roedd pawb wedi mwynhau cael sgwrs fach a rhannu eu newyddion ag ef!

Marian Evans

Clwb Iau

I would like to thank all the parents, helpers and children for all the hard work they did in preparation for our Crib Service. It was a lovely service and made you understand the true meaning of why we celebrate Christmas.

Many thanks to Myfanwy for writing the script and to Wendy for coming along to play the piano for us.

As always we welcome any new children who wish to join us. These are our dates for February to the end of April.

Feb 11th at 11am Clwb Iau

Feb 18th at 11am Bishop Dorrien will be at St Twrog's officiating and preaching in a Bilingual Eucharist. (There is a special welcome for each family to be present as he would appreciate seeing the Clwb Iau children at the service. Croeso cynnes i bawb i ymuno yn y Gwasanaeth pwysig hwn.)

March 10th 9.30am Mothering Sunday service

March 24th 11am Clwb Iau

April 14th 11am Clwb Iau

April 21st 11am Clwb Iau

Helen Beynon

Y PLYGAIN

Flynyddoedd yn ôl gwasanaeth oedd y Plygain a gynhelid yn eglwys y plwyf yn gynnar iawn ar fore Dydd Nadolig. Erbyn hyn mae'n cael ei gynnal rhwng tua chanol Rhagfyr a diwedd Ionawr a fynychaf yn yr hwyr, ac wrth gwrs gyda ni yn Sant Twrog ar yr ail Nos Sul ym mis Ionawr.

Eleni am y tro cyntaf ers blynyddoedd cynhaliwyd Plygain yn Nhyddewi wedi ei drefnu gan Bwyllgor Cymreictod Dwyethrwydd yr Esgobaeth a chan bod Jean yn aelod o'r Pwyllgor yma roedd rhaid i Barti Plygain Twrog fod yn bresennol. Yn ôl rheolau y Blygain ni ellir ail ganu yr un garol a chan bod y ddwy garol roedden ni wedi baratoi wedi cael eu canu reit ar y dechrau rhaid oedd chwilio yn y ffeil ond fe ddaethon drwyddi gan gofio nad cyngerdd na chystadleuaeth yw'r Plygain ond dull arall i ganu mawl i Dduw, ac mae'r geiriau sy'n bwysig. Yno hefyd roedd Parti Llandeilo a Pharti Myddfai. Roedd Archddiaconiaeth Caerfyrddin wedi cefnogi yn dda.

Nos Sul Ionawr 7^{ed} bant a ni eto, y tro yma i Eglwys Sant Ffagan Trecynon. Beth oedd y cysylltiad? Wel, roedd y Blygain wedi ei threfnu gan y Parch Hywel Davies ein cyn Ficer ac fe roedd rhaid ei gefnogi ac ar yr un pryd cefnogi Eisteddfod Genedlaethol Rhondda Cynon Taf. Braf oedd cwrdd unwaith eto a rhai oedd wedi eu magu yn Llanddarog ond yn byw yn awr yng Nghaerdydd a'r cymoedd. Fe gawsom groeso arbennig a theimlad braf hamddenol i'r cyfan.

Does dim dau heb dri a'r trydydd oedd ein Plygain ni yma yn Sant Twrog a gafodd ei Sefydlu rhyw 9 mlynedd yn ôl erbyn hyn gan yr Hybarch Alun Evans. Cafwyd gwasanaeth hyfryd iawn yn llawn gorfoledd a bywyd yr Iesu yn cael ei bortreadu yn yr hen garolau. Roedd yno drawsdoriaid da iawn o bartïon, triawdau ac unigolyn yn cymeryd rhan. Arweiniwyd y gwasanaeth gan y Ficer. Darllenwyd y llith gan Julie Griffiths a gweddiwyd gan Myfanwy Rees. John James oedd wrth yr organ. Rydym yn gwerthfawrogi yn fawr iawn, bawb a gymerodd rhan. Diolch yn fawr.

Ar ddiwedd y Plygain darperir swper a'r arferiad yw i'r dynion ganu Carol y Swper. Dywed rhai bod hyn yn digwydd achos tra bod y dynion yn canu roedd y gwraedd yn paratoi y swper. Mae hyn i rhai yn erbyn cydraddoldeb ein hoes ni ac mae sôn am garol newydd yn cael ei chyfansoddi i'r merched ganu ar ddiwedd y cylch cyntaf. Beth yw eich barn chi? Rwyn gwybod lle rwy i yn sefyll!!!

Diolch i bawb am y bwyd bendigedig. Ma “good spread” gyda chi yn Llanddarog bo tro”, medde un Plygeiniwr hapus. Rhown y copïau gadw nawr am flwyddyn arall.

PLYGAIN

Parti Plygain St.Twrog have taken part in three Plygain Sevices this year.

For the first time in many years there was a Plygain at the Cathedral in St. Davids in December. This had been arranged by the Diocesan Bilingualism Committee of which Jean is a member. It was an honour to sing in the Cathedral. The Archdeaconary of Carmarthen was well represented by us, Llandeilo and Myddfai.

On Sunday 7th of January we travelled to St. Fagan’s Church Trecynon to support our past Vicar Rev. Hywel Davies who had organised a Plygain to raise money for the 2024 National Eisteddfod. He had been very apprehensive about it but he need’nt have worried, it was a great success and we received a very warm welcome which made our visit worthwhile.

The second Sunday in January is the date for our own Plygain. It was very well supported with parties as far afield as Llanddeusant, Llandeilo and Myddfai as well as individual soloists including our own Wendy Beynon and John Evans.

At the end of a Plygain supper is served and the tradition is that the men “sing for their supper”. Historians tells us that this happens because while the men were singing the ladies were preparing the food !!!!!

It was a pleasure to see the food that had been prepared this year. One of the men who travels around the different Plygain Services remarked that the best food is always in Llanddarog. May I thank all the members who donated food or money towards the feast and all those who gave of their time to prepare, serve and clear up. A special thanks to Mair for organising it all.

The collection that evening which amounted to over £400 will be given to Felindre Hospital where one of our younger members is receiving treatment at the moment. Thank you all for your generosity.

We will now put our Plygain files away until next year. Practices will begin in December.

Vilna Thomas

**Rhestr y Darllenwyr ac Ystlyswyr
Readers and Sides-persons Schedule**

| Dyddiad/ Date | Gwasanaethau/ Services | Darllenwyr/ Readers | Ystlyswyr/ Sidespersons |
|-------------------------------------|--|---|------------------------------------|
| Chwefror 4 February | <u>Sul y Greadigaeth/ Creation Sunday</u> | | |
| | 9.30am Cymun Bendigaid | Eluned James <i>(Taflen y Cymun)</i> | Allan Gibbard Marion Little |
| 5.00pm Evensong | Kate Jones <i>Deuteronomy 8¹⁻¹⁰</i> Marion Little <i>John 1¹⁻¹⁴</i> | | |
| Chwefror 11 February | <u>Sul y Gweddnewidiad/ Transfiguration Sunday</u> | | |
| | 9.30am Boreol Weddi | Vilna Thomas <i>2 Brenhinoedd 2¹⁻¹²</i> Jane Thomas <i>Marc 9²⁻⁹</i> | John Rees Barbara Quick |
| 5.00pm Holy Communion | Daphne Evans <i>(Communion Sheet)</i> | | |
| Chwefror 18 February | <u>Garawys/Lent 1</u> | | |
| | 11.00am Cymun Bendigaid/Holy Communion <i>(Dwyieithog/Bilingual)</i> | Julie Griffiths Carol Owen <i>(Taflen y Cymun)</i> | Wardens |
| Chwefror 25 February | <u>Garawys/Lent 2</u> | | |
| | 9.30am Cymun Bendigaid | Kim Davies <i>(Taflen y Cymun)</i> | Margaret Rees Yvonne Lewis |
| 11.00am Holy Communion | Yvonne Lewis <i>(Communion Sheet)</i> | | |

**Rhestr y Darllenwyr ac Ystlyswyr
Readers and Sides-persons Schedule**

| Dyddiad/ Date | Gwasanaethau/ Services | Darllenwyr/ Readers | Ystlyswyr/ Sidespersons |
|--------------------------------|---|---|------------------------------------|
| Mawrth 3 March | <u>Garawys/Lent 3</u> | | |
| | 9.30am Cymun Bendigaid 5.00pm Evensong | Marian Daniels <i>(Taflen y Cymun)</i> Lucinda Tomlin <i>Exodus 20¹⁻¹⁷</i> Andrea Liggins <i>John 2¹³⁻²²</i> | Peter Rees Eluned James |
| Mawrth 10 March | <u>Garawys/Lent 4, Sul y Fam</u> | | |
| | 9.30am Gwasanaeth y Teulu/Family Service <i>(Dwyieithog/Bilingual)</i> | | Helen Beynon Maria Jones |
| Mawrth 17 March | <u>Garawys/Lent 5</u> | | |
| | 9.30am Cymun Bendigaid/Holy Communion <i>(Dwyieithog/Bilingual)</i> | Myfanwy Rees <i>(Taflen y Cymun)</i> Elizabeth Wills <i>(Communion Sheet)</i> | Pam Roper Elizabeth Wills |
| Mawrth 24 March | <u>Sul y Blodau/ Palm Sunday</u> | | |
| | 9.30am Cymun Bendigaid/ Holy Communion <i>(Dwyieithog/Bilingual)</i> | Margaret Rees <i>(Communion Sheet)</i> John Evans <i>(Taflen y Cymun)</i> | Gordon Mason Margaret Morris |
| Mawrth 31 March | <u>Sul y Pasg / Easter Sunday</u> | | |
| | 6.00am Gwasanaeth Codiad Haul/Sunrise Service | | |
| | 9.30am Cymun Bendigaid 11.00 Holy Communion | Mark Griffiths <i>(Taflen y Cymun)</i> Barbara Quick <i>(Communion Sheet)</i> | Wardens |

**Rhestr y Darllenwyr ac Ystlyswyr
Readers and Sides-persons Schedule**

| Dyddiad/ Date | Gwasanaethau/ Services | Darllenwyr/ Readers | Ystlyswyr/ Sidespersons |
|---|--|--|---|
| <p style="text-align: center;">Ebrill 7 April</p> | <p><u>Pasg/Easter 2</u></p> <p>9.30am Gwasanaeth o ddarlleniadau ac emynau Y Pasg/A service of readings and hymns of Easter (<i>Dwyieithog/Bilingual</i>)</p> | | <p style="text-align: center;">Robert Jones Idris Daniels</p> |
| | <p><i>Dim gwasanaeth yn yr hwyr/ No evening service</i></p> | | |
| <p style="text-align: center;">Ebrill 14 April</p> | <p><u>Pasg/Easter 3</u></p> <p>9.30am Boreol Weddi</p> <p>5.00pm Holy Communion</p> | <p>Gwenda Evans <i>Luc 24³⁶⁻⁴⁸</i> Nia Thomas <i>Deuteronomium 7⁷⁻¹³</i></p> <p>Jenny Youens Robert Jones (<i>Communion Sheet</i>)</p> | <p>Wardens</p> |
| <p style="text-align: center;">Ebrill 21 April</p> | <p><u>Pasg/Easter 4</u></p> <p>9.30am Cymun Bendigaid/ Holy Communion (<i>Dwyieithog/Bilingual</i>)</p> | <p>Peter Rees (<i>Taflen y Cymun/ Communion Sheet</i>)</p> | <p>Kim Davies John Evans</p> |
| <p style="text-align: center;">Ebrill 28 April</p> | <p><u>Pasg/Easter 5</u></p> <p>9.30am Cymun Bendigaid</p> <p>11.00am Holy Communion</p> | <p>Wendy Jones (<i>Taflen y Cymun</i>)</p> <p>Eleanor Richards (<i>Communion Sheet</i>)</p> | <p>Nia Thomas Myfanwy Rees</p> |



Doreen Rees is presented with a certificate for 25 year service to the Mothers' Union by Heather Witt the Diocesan President.



Doreen Northwood receives her certificate for 50 years service to the MU. She was secretary of St Twrog's Church for over 20 years.

Sunday

I cannot come to church today, I have to mow the lawn

After such a rainy spell it really looks forlorn;

I cannot come to church today, I have to go and watch

Thirty men with oval ball, in a vital rugby match.

I cannot come to church today, we're going to the zoo

To see the apes and monkeys, camel and kangaroo.

I cannot come to church today, I have to wash the car,

Travelling on the new-made roads has pitted it with tar

Frances Henry, Llannon Women's Institute

Clwb Ffermwyr Ifanc Llanddarog

Blwyddyn Newydd Dda o Glwb Ffermwyr Ifanc Llanddarog!

Er bod sawl mis wedi mynd heibio bellach ers Eisteddfod y Ffermwyr Ifanc, rydym yn teimlo ei bod yn bwysig i rannu llwyddiannau ein haelodau. Roedd hi'n hyfryd i weld aelodau newydd yn mentro ar y cystadlu eleni, a'r clwb yn roi tro ar ambell i gystadleuaeth newydd!

Gwyn a lolo gystadlodd yn y Gân Gyfoes a chyrraedd yr ail safle, llongyfarchiadau mawr iddynt a da iawn i Gwyn am ysgrifennu cân mor hyfryd. Braf oedd gweld yr aelodau yn mentro ar y Dawnsio Gwerin eleni a dod yn 3ydd. Diolch i Myfanwy Rees am rhoi ei hamser i'w hyfforddi. Cafodd Ioan Anderson dipyn o lwyddiant yn yr Eisteddfod wrth ddod yn 3ydd yn yr Unawd dan 16 ac yn ail yn yr Unawd Sioe Gerdd dan 18. Yn ogystal fe ddaeth Hawys yn 4ydd yn y gystadleuaeth Sioe Gerdd dan 18. Roedd hi'n hyfryd i weld yr aelodau ifanc yn frwdfrydig ac yn mynd amdani yn y gystadleuaeth Meimio i Gerddoraieth wrth i ni fynd a'r gynulleidfa ar daith o Gydweli, i fyny'r A470 i Flaenau Ffestiniog ac yna i Baris, roedd hi'n drip a hanner! Mae'n saff i ddweud fod dyfodol disglair iawn o flaen ein haelodau.

Diolch unwaith eto i'n harweinydd talentog, Gary Anderson am ein hyfforddi a'n harwain yn y Parti Unsain a'r Côr. Llwyddodd y Parti i ddod yn gydradd 4ydd a'r Côr yn ail. Yn dilyn yr holl gystadlu roedd Llanddarog yn 4ydd am darian yr Eisteddfod.

Cynhaliwyd Bingo Nadolig yn neuadd y pentref ar nos Lun y 4ydd o Rhagfyr. Roedd hi'n noson lwyddiannus dros ben gyda 100 o bobl wedi dod ati i fwynhau noson gymdeithasol yng nghwmni aelodau a ffrindiau o dan arweiniad y 'Bingo Caller' adnabyddus Mr Arwyn Davies. Hoffwn ddiolch yn fawr iawn i'r holl noddwyr am eu rhoddion hael tuag at y noson; Siop Llanddarog, GNE Phillips, Ceir Modur, Trydan, Prince Porthyrhyd, Andrew Rees & Sons, M4 Trailers, Blodwen, Butchers Arms, Dafydd Lloyd George, Angela Isaac.

Ar nos Fercher y 6ed o Ragfyr mentrodd arweinyddion y clwb i gystadleuaeth Cwis y Sir yn Nghlwb Rygbi Nantgaredig, a llwyddodd y tîm i ennill y wobr gyntaf! Llongyfarchiadau mawr i Angela Isaac, Peter Howells, Wyn Davies a Dafydd Lloyd George.

I gloi tymor y Nadolig cynhaliwyd Oedfa Nadolig y Clwb yng Nghapel Seion, Drefach ar nos Lun yr 11eg o Rhagfyr. Braf oedd gweld aelodau'r clwb yn

cymryd rhan a diolch yn fawr i aelodau Capel Seion a'r Parchedig Gwyn Elfyn am y croeso cynnes.

Codwyd sŵm arbennig yn ystod y Bingo a'r Oedfa Nadolig a fydd yn cael ei rhannu ar ddiwedd y flwyddyn rhwng y clwb ac elusen y clwb am eleni sef Uned ICU Cardioleg Ysbyty Treforys er cof am Mr Eifion Davies, Penrhiw.

Fe ddechreuodd y Clwb yn ôl ar nos Lun y 12fed o Rhagfyr a phawb yn falch i ddod yn ôl ar ôl seibiant dros y Nadolig. Rydym wrthi yn brysur yn paratoi ar gyfer y gystadleuaeth Siarad Cyhoeddus Cymraeg, Bowlio 10 a'r Diwrnod Gwaith Maes fydd yn digwydd dros y misoedd nesaf, yn ogystal a mwynhau tripiâu a gweithgareddau gydag amryw o bobl.

Cewch glywed yr hanes yn y rhifyn nesaf.

Os hoffech dderbyn fwy o wybodaeth am Glwb Ffermwyr Ifanc Llanddarog cysylltwch gyda'r ysgrifenyddes Carys Phillips ar:

E-bost: c.ff.i.llanddarog.y.f.c@gmail.com

Facebook: Cffi Llanddarog YFC

Llanddarog Show

For more information, please contact Claire Williams at secretary@sioellanddarogshow.co.uk.

Knit and Natter

We have changed the day of our meetings to the second and fourth Monday in the month. Meetings start at 2pm and are hosted by those who can do so. The hosts for the months of February, March and April will be:

| | | | |
|-------------|-----------------|----------|---------------|
| 12 February | Elizabeth Wills | 25 March | Jenny Youens |
| 26 February | Marian Daniels | 8 April | Margaret Rees |
| 11 March | Ann Davies | 22 April | Pam Roper |

Cysylltwch/Contact Margaret Rees on 275479 if you would like to join us.

Merched y Wawr

Blwyddyn Newydd Dda i chwi gyd oddiwrth aelodau Cangen Merched y Wawr.

Cafwyd Noson Goffi llwyddiannus ar y 18fed o Hydref, diolch i bobl yr ardal am gefnogi. Roedd y Neuadd yn llawn a phawb yn eiddgar i glywed ein siaradwr gwadd, Aled Sam. Roedd yn sôn am ei fagwraeth a'r profiadau a'i harweiniodd at yrfa yn y byd darlledu a hynny yn ei ffordd ddifyr ei hun. Llywyddwyd y noson gan Gwenda Evans. Cyfrannwyd £300 at elusen Marie Curie.

Tachwedd 10fed bu Beryl Voyle, Gwenda Evans, Marian Sewell ac Eirwen Jones yn cynrychioli'r Gangen yn ein Cwis Hwyl, yn neuadd Bronwydd.

Mis Tachwedd croesawodd Margaret Davies, llywydd y mis, ein siaradwraig wadd, Ann Lerche, sydd yn byw yn Aberdeen ac yn un o'n haelodau, cawsom hanes ei phrofiadau yn dysgu a byw yn Qatar dros gyfnod o bum mlynedd.

Daeth a hanes o'r cyfnod hwnnw'n fyw o flaen ein llygaid gyda chymorth sleidiau, eitemau a gasglodd tra yno, gwisgoedd a bwydydd. Gweinwyd y danteithion arbennig i bawb flasau. Diolch yn fawr i Ann am roi prynhawn mor ddiddorol i ni.

Iona Greville enillodd y raffl, sef hosan Nadolig o waith llaw Megan Williams. Yn ein cystadleuaeth lliain sychu llestru dyfarnwyd mai'r enillydd oedd Margaret Davies.

Yn ystod y cyfarfod casglwyd £110 tuag at apêl teganau Sir Gâr.

Rhagfyr 13eg croesawyd pawb i'n cinio Nadolig yn nhafarn y Butchers, Llanddarog gan lywydd y cyfarfod Janet Thomas. Ar ôl ein pryd bwyd cyflwynwyd ein siaradwr gwadd, Gwyn Elfyn. Cafwyd anerchiad hwyliog dros ben, fe'n difyrrwyd gan hanesion am ei fagwraeth a'r dylanwad fu arno. Soniodd am ei ddiddordebau, ei arwyr a'r profiadau hynny a ddysgodd iddo sut i ymdrin â phobl.

Yn 2024 edrychwn ymlaen at gyfarfod Mis Chwefror 21ain pan fydd Mr Edwyn Williams yn siaradwr gwadd, ac yna dathlu Gŵyl Ddewi Mawrth 20fed yng nghwmni Mr Gethin Thomas.

Am fwy o fanylion cysylltwch gyda Eirwen Jones, Ysgrifennyddes ar 01267 275593

Neuadd y Pentre Llanddarog Village Hall

Y Neuadd will be demolished in the new year with a new hall built on the same site. Bookings to the end of February are secure.

The Festri at Capel Newydd and the Puxley Chapel in St Twrog Church can be made available your meetings during the period whilst the hall is not available.

We apologise for any inconvenience caused and look forward to welcoming you back as soon as possible.

Contact Mair Davies 01267275271.

Porthyrhyd & Llanddarog Pensioners Society

We began the year making plans for trips to be held when hopefully the sun will be shining. Our first day trip will be to Milford Haven in June, but until then our programme is as follows:-

- 6 February Speaker Mr Meirion Owen
- 15 February Matinee performance by Carmarthen Youth Opera at the Lyric Theatre.
- 5 March Dydd Gwyl Dewi with Ysgol Llanddarog.
- 9 April Speaker Rev. Eldon Phillips.

You are welcome to join. We meet on the first Tuesday of each month at 2pm in Neuadd Fach Porthyrhyd. We are always pleased to welcome new members. Contact Marion Little (01267 275507) or Angela Skym (01267 275503)

Porthyrhyd, Y Neuadd Fach

Cysylltwch/Contact Mair Evans 01267 275411 or e-mail mairevans@hotmail.com or 01267 275730.

Llanddarog and District Women's Institute

Our first two meetings of the year are at 2pm in the village hall committee room on the first Wednesday of January and February but thereafter at 7pm. However, the village hall will be closed from the end of February, to be replaced by a splendid new building, which is greatly anticipated. In the meantime from March we shall meet in St Twrog Church's Puxley Chapel.

- 6 March A Cawl Supper with speaker Linda on Natural remedies
- 3 April What I bought for a £1.00.
- 1 May Walking Treasure Hunt.

All enquiries and new members always welcome. We continue to meet socially on the third Friday of the month in Carmarthen too. Enquiries to Marion Little 01267 275507.

Short Mat Bowls Club

Two Llanddarog teams are in Division 1 and 2 of the league.

Practice games and league matches are played on Tuesday evenings and new members are welcomed. Please contact Lewis Jones on 01267 275593.

Freedom in the Cross *by Olivia Lakis*

There's something that occurred
on that evening at Calvary
that created such a lavish stir
in all of history.

Upon that old rugged cross
our Saviour bared it all
and offered himself a sacrifice
to overspread humanity's fall.

The sacred blood that was spilled
wiped clean the sinner's slate.
Christ paid the price for everyone
and carried our weight.

A willing heart endured the pain,
and purpose paved His way.
He opened the eyes of every man
To whom He came to save.

Though the tragedy of that day
will be mourned by those around,
our joy is found three days later
when He arose from the very ground.

And through that selfless act of love,
we were given new life in Him,
set loose from our bondages
to experience true freedom within.

Thoughts of Easter *by Deborah Wininger*

I awoke before dawn this Easter
morn,
Laid very still and just thought,
Not of the eggs and bunnies that
Easter brings,
But of the gift of life that it brought.
I thought of that cross he carried,
That crown of thorns on his head,
The nails into his body they buried,
Betrayed by even those that he led.
Up that road to Calvary,
Totally sinless too,
Jesus paid the ultimate out of love,
He died for me, for you.
Love keeps no records of right or
wrong,

Love doesn't keep a score,
To our Father in heaven we all
belong,
Just as on that day long before.
I looked in the room at my sleeping
sons,
Tears slipped from my eyes.
God had done more than I could
have done,
To just watch as my son suffered and
died.
My Easter held such meaning then,
As I watched the dawn breaking
through,
Just thinking of that day so long ago,
When God did what I could not do.

LOVE

“Darkness cannot drive out darkness: only light can do that.

Hate cannot drive out hate: only love can do that.”

— Martin Luther King Jr., *A Testament of Hope: The Essential Writings and Speeches*

“There is nothing I would not do for those who are really my friends. I have no notion of loving people by halves, it is not my nature.”

— Jane Austen, *Northanger Abbey*

“To love at all is to be vulnerable. Love anything and your heart will be wrung and possibly broken. If you want to make sure of keeping it intact you must give it to no one, not even an animal. Wrap it carefully round with hobbies and little luxuries; avoid all entanglements. Lock it up safe in the casket or coffin of your selfishness. But in that casket, safe, dark, motionless, airless, it will change. It will not be broken; it will become unbreakable, impenetrable, irredeemable. To love is to be vulnerable.”

— C.S. Lewis, *The Four Loves*

“What does love look like? It has the hands to help others. It has the feet to hasten to the poor and needy. It has eyes to see misery and want. It has the ears to hear the sighs and sorrows of men. That is what love looks like.”

Augustine

“Do nothing from selfish ambition or conceit, but in humility count others more significant than yourselves. Let each of you look not only to his own interests, but also to the interests of others.”

Philippians 2:3-4

“For God so loved the world, that he gave his only Son, that whoever believes in him should not perish but have eternal life.

John 3:16

“Greater love has no one than this: to lay down one’s life for one’s friends.”

John 15:13

DYDDIADAU AR GYFER Y DYDDIADUR / DATES FOR YOUR DIARY

Mae'r wybodaeth yma yn gywir ar hyn o bryd./These are correct at present.

Chwefror/February

- 4 Dydd Sul/Sunday, Second Sunday before Lent, Creation Sunday**
9.30am Cymun Bendigaid (*Cymraeg*)
5pm Evensong (*English*)
- 6 Dydd Mawrth/Tuesday**
9am Gwasanaeth yn Ysgol Gynradd Yr Eglwys Yng Nghymru Llanddarog
- 7 Dydd Mercher/Wednesday**
9.15am Gwasanaeth yn Ysgol Llangyndeyrn
- 8 Dydd Iau/Thursday**
7pm Undeb y Mamau/MU – Talk on scams Nicola Davies Trading Standards
- 10 Dydd Sadwrn/Saturday**
10 – 12 Bore Coffi Plant Dewi Coffee Morning (*Tannau Twrog yn Perfformio*).
- 11 Dydd Sul/Sunday, Sul y Gweddnewidiad/Transfiguration Sunday**
9.30am Boreol Weddi (*Cymraeg*)
5pm Holy Communion (*English*)
- 12 Dydd Llun/Monday**
2pm MU Deanery Meeting at the Ivy Bush
- 14 Dydd Mercher y Lludw/Ash Wednesday**
7pm Cymun Bendigaid/Holy Communion (*Dwyieithog/Bilingual*)
- 18 Dydd Sul/Sunday Garawys 1/Lent 1**
11am Cymun Bendigaid/Holy Communion (*Dwyieithog/Bilingual*)
Yng nghwmni Y Gwir Barchedig Dorrien Davies Esgob Ty Ddewi/Bishop Dorrien will be officiating.
- 19 Dydd Llun/Monday**
7pm Myfyrdod y Garawys/Lenten meditation on Zoom
- 20 Dydd Mawrth/Tuesday**
9am Gwasanaeth yn Ysgol Gynradd Yr Eglwys Yng Nghymru Llanddarog

21 Dydd Mercher/Wednesday

9.15am Gwasanaeth yn Ysgol Llangyndeyrn

22 Dydd Iau/Thursday

7pm MU Quiz on Zoom

25 Dydd Sul/Sunday Garawys 2/Lent 2

9.30am Cymun Bendigaid (*Cymraeg*)

10.30am Mothers' Union Wave of Prayer

11am Holy Communion (*English*)

26 Dydd Llun/Monday

7pm Myfyrdod y Garawys/Lenten meditation on Zoom

27 Dydd Mawrth/ Tuesday

9am Gwasanaeth yn Ysgol yr Eglwys yng Nghymru Llanddarog

28 Dydd Mercher/Wednesday

9.15am Gwasanaeth yn Ysgol Llangyndeyrn

Mawrth/March

1 Dydd Gwener/Friday, Dydd Gwyl Ddewi

7pm Dydd Gweddi Byd Eang y Gwagedd. Gwasanaeth yn Eglwys Sant Twrog (*Cymraeg*)

3 Dydd Sul/Sunday, Garawys 3/Lent 3

9.30am Cymun Bendigaid i ddathlu Dydd ein nawddsant Dewi (*Cymraeg*)

5pm Evensong (*English*)

4 Dydd Llun/Monday

7pm Myfyrdod y Garawys/ Lenten Meditation on Zoom

5 Dydd Mawrth/Tuesday

9am Gwasanaeth yn Ysgol Gynradd Yr Eglwys Yng Nghymru Llanddarog

6 Dydd Mercher/Wednesday

9.15am Gwasanaeth yn Ysgol Llangyndeyrn

10 Dydd Sul/Sunday, Garawys 4/Lent 4 Sul Y Fam

9.30am Gwasanaeth y teulu/Family service (*Dwyieithog/Bilingual*)

- 11 Dydd Llun/Monday**
7pm Myfyrdod y Garawys/Lenten Meditation on Zoom
- 12 Dydd Mawrth/Tuesday**
9am Gwasanaeth yn Ysgol Gynradd Yr Eglwys Yng Nghymru Llanddarog
- 13 Dydd Mercher/Wednesday**
9.15am Gwasanaeth yn Ysgol Llangyndeyrn
- 14 Dydd Iau/Thursday**
7pm Undeb y Mamau/MU – Dathlu Gwyl Ddewi
- 17 Dydd Sul/Sunday Garawys 5/Lent 5 Passion Sunday**
9.30am Cymun Bendigaid/Holy Communion (*Dwyieithog/Bilingual*)
- 18 Dydd Llun/Monday**
7pm Myfyrdod y Garawys/Lenten meditation on Zoom
- 19 Dydd Mawrth/Tuesday**
9am Gwasanaeth yn Ysgol Gynradd Yr Eglwys Yng Nghymru Llanddarog
- 20 Dydd Mercher/Wednesday**
9.15am Gwasanaeth yn Ysgol Llangyndeyrn
- 24 Dydd Sul/Sunday, Sul y Blodau/Palm Sunday**
9.30am Cymun Bendigaid/Holy Communion (*Dwyieithog/Bilingual*)
- 28 Dydd Iau Cablyd/Maundy Thursday**
9-11am Glanhau Esgidiau tu allan i Swyddfeydd Post Llanddarog a Porthyrhyd/ Clean shoes outside Llanddarog and Porthyrhyd Post Offices
7pm Cymun Bendigaid/Holy Communion (*Dwyieithog/Bilingual*)
- 29 Dydd Gwener y Groglith/Good Friday**
2pm Gorsafoedd y Groes/Stations of the Cross Llanarthne Church
- 31 Dydd Sul Y Pasg/Easter Sunday**
6.30am (approx)Gwasanaeth Codiad Haul/Sunrise Service with breakfast to follow in the church.
9.30am Cymun Bendigaid (*Cymraeg*)
11am Holy Communion (*English*)

Ebrill/April

7 Dydd Sul Pasg 2/Sunday Easter 2

9.30 Gwasanaeth o ddarlleniadau ac emynau Y Pasg/A service of readings and hymns of Easter (*Dwyieithog/Bilingual*)

Dim gwasanaeth hwyr/No evening service

9 Dydd Mawrth/Tuesday

9am Gwasanaeth yn Ysgol Gynradd yr Eglwys yng Nghymru Llanddarog

10 Dydd Mercher/Wednesday

9.15 am Gwasanaeth yn Ysgol Gynradd Llangyndeyrn.

11 Dydd Iau/Thursday

7pm Undeb y Mamau/MU – Women’s Aid Karen Daniels

14 Dydd Sul Pasg 3/Easter 3

9.30am Boreuol Weddi (*Cymraeg*)

5pm Holy Communion (*English*)

16 Dydd Mawrth/Tuesday

9am Gwasanaeth yn Ysgol Gynradd Yr Eglwys yng Nghymru

17 Dydd Mercher/Wednesday

9.15am Gwasanaeth yn Ysgol Gynradd Llangyndeyrn

21 Dydd Sul Pasg 4/Sunday Easter 4

9.30am Cymun Bendigaid/Holy Communion (*Dwyieithog/Bilingual*)

23 Dydd Mawrth/Tuesday

9am Gwasanaeth yn Ysgol Gynradd yr Eglwys yng Nghymru Llanddarog

24 Dydd Mercher/Wednesday

9.15am Gwasanaeth yn Ysgol Gynradd Llangyndeyrn

28 Dydd Sul/Sunday Pasg 5/Easter 5

9.30am Cymun Bendigaid (*Cymraeg*)

11am Holy Communion (*English*)

Communion

The Kyrie Eleison sung,
The Mass did then proceed,
Confession, Absolution said,
The Gloria and the Creed.
The Sanctus did so lead us all
To Sursum Corda`s peak,
The Offer of the bread and wine,
A body which did break,
His blood once shed for all of us,
The Peace of Christ so meek.
The Agnus Dei triple prayer,
Our Lamb of sacrifice,
So merciful with burden light,
He did not count the price,
The Trinity invoked at last,
The Blessing did suffice
To make us stronger in our faith,
Remembering the thrice,
To face the world triumphantly,
Amid eternal life,
With peace and love and charity,
Abhorring any strife.

Professor Bleddyn Jones January 2024

OPEN CHURCH

The Church can be made available at any time for private prayer. Please contact:

| | |
|--------------------------------------|---------------|
| <i>Canon Dewi Roberts:</i> | <i>275556</i> |
| <i>Rev. Jean Voyle Williams</i> | <i>275222</i> |
| <i>Mr Huw Voyle Williams, Warden</i> | <i>275222</i> |
| <i>Mrs Mair Rees, Warden</i> | <i>275396</i> |
| <i>Miss Vilna Thomas, Secretary</i> | <i>275372</i> |

GWASANAETHAU'R SUL YN EGLWYS Y PLWYF
SUNDAY SERVICES IN THE PARISH CHURCH

| | | | | |
|--------------|--|---------|----------------|---------|
| Sul/Sunday 1 | Cymun Bendigaid | 9.30 am | Evensong | 5 pm |
| Sul/Sunday 2 | Boreol Weddi | 9.30 am | Holy Communion | 5 pm |
| Sul/Sunday 3 | Cymun Bendigaid/Holy Communion (Dwyieithog/Bilingual) | | | 9.30 am |
| Sul/Sunday 4 | Cymun Bendigaid | 9.30 am | Holy Communion | 11 am |
| Sul/Sunday 5 | Cymun dwyieithog gyda eglwysi Llanarthne a Llangyndeyrn/Bilingual Holy Communion with the Llanarthne and Llangyndeyrn Churches. Lluniaeth i ddilyn/Refreshments to follow | | | 10 am |

Swyddogion St Twrog Church Officials

| | | |
|--|---|---|
| Wardeniaid/Wardens | Mair Rees Huw Voyle-Williams | 275396 275222 |
| Trysorydd/Treasurer | Robert Jones | 275756 |
| Ysgrifennydd/Secretary | Vilna Thomas | 275372 |
| Ysgrifennydd Cofnodion/Minute Secretary | Margaret Rees | 275479 |
| Undeb Y Mamau/Mothers' Union Ysgrifennydd/Secretary Ysgrifennydd Cynorthwyol/Assistant Secretary Trysorydd/Treasurer | Mair Rees Elizabeth Wills Margaret Rees | 275396 01269832569 275479 |
| Clwb Iau | Helen Beynon Sian Plimmer Maria Jones | 07772247135 07761083414 07528378374 |
| Glanhauwraig/Cleaner | Pam Roper | 07931913689 |
| Swyddog Diogelwch Iechyd/ Health & Safety Officer | Huw Voyle Williams | 275222 |
| Swyddog Diogelwch Iechyd Cynorthwyol Assistant Health & Safety Officer | Peter Rees | 275479 |
| Swyddog Diogelu/Safeguarding Officer | Carol Owen | 01269 845770 |
| Cydlynnydd Y Wefan/Website Coordinator | Margaret Rees | 275479 |